

## Thrive Newsletter

Across Thrive there has been lots of engagement and enthusiasm. Some moments I would like to share with you in particular;



As a group in being, students in 3P have been using Thrive as an opportunity to regulate and find moments of calm. Within these moments they have found space and elements of trust to interact with certain materials they are unsure of and co-explore with peers and trusted staff members.

What

can

I

do,

do

do?...

Pass the parcel rules:

1 We all sit in a circle.

2 2) When the music is playing, the parcel moves around the group.

3 3) When the music stops, you can unwrap.

4 4) When the music plays again, the parcel keeps moving.

We

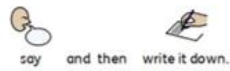
are going to

play

pass

the parcel.

4L have displayed beautiful signs of development in their acceptance and kindness. We had a visitor for our Thrive session and all of the students were more than happy for Dominic to stay and join in. They demonstrated their ability to show kindness, tolerance for handling changes and showcasing the Field Heath Values with Care.



ORANGES IS BACK! Over in the VBC, VBCD have been working really hard on developing active listening skills, finding connections in sharing language and experiences. They've been developing their social skills as a class group; allowing space and understanding for conversation and the importance of listening to one another.