



Dear Friends of Pield Heath

Welcome to our first newsletter of the school year. It was lovely to welcome new students who have joined our community.

This half term we have had a wide variety of activities – some of the highlights included Macmillan Coffee Mornings, a trip to The National Gallery, a Mass for October – Month of The Rosary and celebrating Black History Month. You can read more about these as well as other events in this newsletter.

In addition to our intake of students, we were also pleased to welcome new members of staff. Special thanks to all staff for their ongoing commitment and dedication.

This half term we are saying goodbye to some of our very dedicated and hardworking Support Staff, Naheda Ahmad and Judit Hollo. We thank them for all they have contributed and wish them well for the future.

As we continue to hear more about the COP 26 Conference in Glasgow in November, we may all do well to learn a few lessons from a tree.



Lessons from a Tree:
Stand tall
Stand proud
Go out on a limb
Drink lots of water
Enjoy the view
Remember your roots



Whatever you are doing, I hope you have a relaxing and enjoyable half term. We look forward to welcoming everyone back on Monday 1st November.

Eryl D'Souza

Associate Principal
Community & External Partnerships

Tutor Group 2E

This half term 2E has been learning about Baptism in RE and recreated what a Baptism would look like. 2E have also participated in a pentathlon event against other schools- the class really put their best feet forward and thoroughly enjoyed themselves!



Tutor Group 3D

3D enjoyed a visit from Goalball UK to learn about this Paralympic sport. This sport is for visually impaired people who roll a ball containing bells towards the opponent's goal. Students really enjoyed learning how to play and finding out about a new sport.



Tutor Group 3E

3E have really enjoyed coming back together following their summer break. The students have been really enthusiastic about the topics they are covering in class and have been expressing their ideas and creativity through cooking, sports and art.



Tutor Group 3G

This Autumn Term we enjoyed doing maths, working on numbers and understanding money. The class have really enjoyed going to the chapel for their RE lessons, doing DT lessons and having bucket time during English lessons.



Tutor Group 3L

Students in 3L have been very busy embracing new subjects such as horticulture, dance and drama. They have been learning about money and going to The Well to buy themselves a snack.

We welcomed a new student to our class, who has settled in nicely and we have enjoyed our opportunity to perform our service in the Chapel.



Tutor Group 3W

3W have enjoyed swimming and cooking lessons this term. For Black History Month the children have been learning about influential black role models and created a colourful poster about what they've learnt.



Tutor Group PH+A

It has been a very good start to the new school year with all students settling in well to the new classroom and new staff. All the students in PH+A have really enjoyed swimming this term and look forward to going regularly. There has also been some amazing interaction between staff and students as well as students and students and it has been incredibly rewarding to watch these new friendships blossom and grow. We are all looking forward to a very good school year and all the learning, friendships and happiness that will unfold.



Tutor Group PH+B

This half term, the students in PH+B have been making the most of our wonderful grounds and exploring their natural surroundings. As part of the Community Skills option, the class have been paying special attention to using and understanding money and have also been working hard to accomplish everyday tasks independently.



Tutor Group PH+C

PH+C has been working really hard during home management this term. They have been washing up, using the Hoover and also mopping the floor after lunch.



Tutor Group 4C

4C have been gifted with an extra lesson of Science this year and the boys have been making good use of this time. Our topic for this half-term has been Materials. We have been exploring the properties of materials and the class is pictured, building garages for toy cars. After completion, the class will evaluate the effectiveness of their given materials and write-up their conclusions.



Tutor Group 4T

This term, 4T have been working hard on developing their life skills. We have enjoyed roleplaying, visiting our class shop and The Well. We have also taken part in various class activities which has given us an opportunity to learn lots of new things. We look forward to the next term



Tutor Group 4W

Following a fun filled summer, 4T got straight back into school life by recording a Service on the life of Saint Matthew who used to be a tax collector. In Community Skills we have been practising making purchases in order to learn the value of coins and practise addition. We also contributed to the Macmillan Coffee Morning and donated money for Cancer Research. When the weather was dry, we spent our lesson breaks outside, in the outdoor gym and on the Bike Track. Overall, it has been a good start of the New School Year, especially as we warmly welcomed a new student, Harry, who has been a very welcome addition to the class.



Tutor Group VBC A+

Our VBCA+ class has continued to make great progress this half term and really build their practical skill set. During Community Skills lessons, the class has been learning how to exchange money for goods in the shop as well as learning how to more easily distinguishing the left- and right-hand sides. The class also contributed to Black History Month by creating a collage inspired by African American artist, Alma Thomas and has been taking advantage of the bright weather to enjoy some time outdoors.



Tutor Group VBC B

This term, VBC B have had the opportunity to choose their academic options for the year ahead. Those who chose to do cooking have been making lots of delicious food! For those doing horticulture there have been trips to the farm where we have had the opportunity to meet and feed the animals and we discover how much we love picking eggs. Students will soon have the chance to start doing jobs around the farm, including cleaning. In Maths we have been learning about money by going to the school café and finding out how much an item of food costs and buying it. We have been focussing on waiting for our change and using simple maths skills to ensure the correct amount is given back to us. In work experience we have started learning how to use various equipment that can be helpful for us and have started learning how to use things that interest us such as shredders and blenders.



Tutor Group VBC C

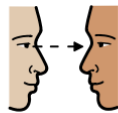
This term VBC C had an amazing time organising and staffing the Macmillan coffee mornings. We created beautiful posters advertising the event and displayed them around the school. We wrapped the raffle prizes and decorated The Well ready for our guests. We then helped to staff the event to make sure all of the staff and students had a chance to sample some of the delicious treats on offer.



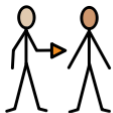
Speech and Language (SaLT)



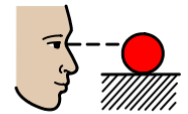
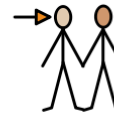
Bright ideas to support communication



1. Get your child's attention by calling their name, before



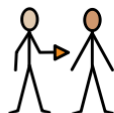
you ask a question or give an instruction.



2. Get to your child's eye-level so they can look at






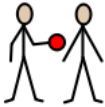








when



you speak.

Occupational Therapy







 Occupational  Therapy  Bright  Ideas  to  Improve your






 Young Person's  Energy levels,  Mood  and  Fitness  during the Autumn





Term

•  Eat  and  drink  healthily  with plenty  of fruit,

 vegetables  and  water.  A varied  diet  with plenty of

 nutrition  will  help  boost  your young person's immune

 system  and energy levels.

- Exercise, even walking, can help improve your

young person's energy levels, mood and fitness.

- Identify the triggers that impact your young person

and try strategies to reduce or manage them like:

Do a full body stretch for 5 seconds, repeat

3x

3 times

Breathe in deeply through the nose and out through



the mouth.

Music

I am very pleased to share with you all, that after virtual hymn practices and choir sessions via Zoom, our new and inclusive choir is finally meeting in person every Monday in the Chapel. We have invited new members to join familiar faces from the previous years and as usual, we celebrate our school life, our relationship with God and our community through music, singing and signing.

The choir have been practising a wide range of songs which are then shared with the whole school during our hymn practices on Wednesdays. We have learned lots of Harvest songs and school rules songs and continue to praise God through music.

In KS3 and KS4 Pathway 3 we have been learning about the “Call and Response” principles of African music which tied in nicely with our celebration of Black History Month.



Horticulture

The Pield Heath Student Gardeners have been very busy this term harvesting all of the delicious fruits and veggies that our school allotment and gardens have given us. The first batch of Strawberry and Blackcurrant jam has been made and is being decorated, ready for sale; Courgette and Tomato chutney is next on the list.

All preserves will be available for purchase at The Well. All proceeds will go back into horticulture.



St Joseph's House

On Monday 20th of September, Students in St Joseph's House enjoyed a trip to Denham Adventure Zone.



Community

The academic year started with a Training Day where we had a Service on the theme of Hope. We shared the amazing story of Blessed Carlos Acutis to remind us of the privilege we have of working with young people.



Blessed Carlo Acutis

3 MAY 1991 – 12 OCTOBER 2006

Special Days

- In October we marked The Feast of St Therese of Lisieux and had a special assembly to look at The Little Way. Every class was given a Mission Together Calendar.
- 4C led a lovely assembly to share the life of St. Francis of Assisi



- On 13th October we had a Mass to mark October as the Month of the Rosary. The Mass was celebrated by Fr Nicholas Schofield, Dean at Our Lady of Lourdes and St Michael Parish, Uxbridge. Staff and students had the opportunity to follow the Mass in the chapel as well as on a livestream link at school.



- Special thanks to Eric Joseph, Provincial Grand Knight, and Marius Sykes who is also a Knight of St Columba who brought a relic of St Edmund Campion so we could see honour this local saint who spent time in Uxbridge in 1580.

Fruits of the Holy Spirit Programme

Following on from the success we had with doing the Love in Action engagement programme designed by Caritas, Westminster to introduce Parishes and Schools to the principles of Catholic Social Teaching (CST). This year we started a new programme called Fruits of the Holy Spirit.

This Half Term we have been looking at the Principle of Love. These are the 6 Fruits that we will be looking at over the programme;

- Autumn 1 – Love
- Autumn 2 – Joy
- Spring 1 - Peace
- Spring 2 – Patience
- Summer 1 - Kindness
- Summer 2 – Generosity



RE Ambassadors

We are delighted to have our new RE Ambassadors. This year the team includes Mason M, Yash, Mason L, Ashley and Calvin.

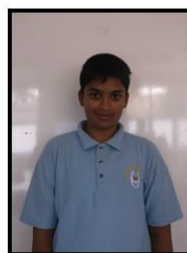


RE AMBASSADORS

2021 - 2022



Mason M



Yash



Calvin



Mason L



Ashley



Wellbeing

World Mental Health Day.



Sunday 10th October was Mental Health Day. In the hustle and bustle of everyday life and especially in these uncertain times more than ever, we have been trying to keep one thing in mind, which may help someone in a way we may not be aware of and that is to, 'Be Kind' as we appreciate that, someone we know may be fighting a battle we know nothing about, and our kindness can make a difference.

World Smile Day

Well Done to Jason who sang at Westfield on 2nd October with a group called – Rays of Sunshine for World Smile Day. The celebrity guest accompanying Jason was the wonderful Pixie Lott!



Finally, the Staff winner of the Wellbeing goodie bag for this half term is Rafaella from the catering team.



Community Events

Macmillan Coffee Morning

In September we hosted 3 Macmillan Coffee Mornings. Unfortunately, due to present circumstances we were not able to open our doors to parents and the local community, however, they supported by buying raffle tickets and by giving generous donations. The students served tea and coffee. Thanks to their enthusiasm, hard work and the generous support of everyone we raised an amazing **£450**. A special thank you to Nicky Grieve, Gurinder Bains, Amanda Fitzgerald, Sarah Jane Bevis and to the wonderful Student Team at The Well. Thank you also to everyone for your generosity in making this event such a success.



Black History Month

We had lots of activities to mark October as Black History Month. We had a lovely display in the chapel as well as reception. We had a service as well as an assembly. Staff cooked a selection of delicious traditional food which was enjoyed by all. Staff and students dressed in some beautiful, colourful African costumes. The week ended with a carnival with music, dancing and more traditional treats. Thank you to everyone for your enthusiasm and hard work. We plan to continue to do other activities during the year to celebrate our diverse and rich community.



Enterprise

- Thanks to the students who serve under the direction of the staff at LUCKY TUCK Shop
- 3E had a classroom sale on October 20th where they sold various goodies and used the opportunity to practice their money using skills.

TODAY

3E classroom Sale
Wednesday 20th October Lesson 3 & 4



Come and get some doughnuts
We got chocolate and ice rings
70p each and £1 for two



75p each/per slice



£3.50 each

Sold in the 3E classroom

for two
70p each and £1
ice rings

Sold in the 3E classroom

Season of Creation

Students enjoyed participating in activities to mark the Season of Creation from 1st September (World Creation Day) – 4th October (Feast of St Francis of Assisi) as the world celebrated the 6th Anniversary of Pope Francis' Encyclical Laudato Si.

Harvest Family Fast Day



This Harvest Family Fast Day we are focusing on the climate crisis. The impact of this crisis has been particularly evident in recent months with the terrible heatwaves, fires and floods across the northern hemisphere. But it is people in low-income countries, like Ivanilde in Brazil (pictured), who suffer the worst effects of the climate crisis. CAFOD works with communities all over the world to help them adapt and manage the impact of climate change.

Care for Creation

Sister Julie led a staff reflection on the theme of Care for Creation – Its Up To All Of Us. Students made posters on the theme The Eyes of the World are Looking At Us, as we prepare for the COP 26 event in Glasgow.



Community Trips

The students of VBC B enjoyed a culturally enriching trip to the National Gallery where they spent some time appreciating art, in particular this piece of Lady Jane Grey;



Some of our 6th formers also went on a trip to visit Buckingham Palace and Green Park as part of their Community Skills option.

Staff

We expressed our appreciation to all the Support Staff on National Teaching Assistants Day. It was an opportunity to say Thank you to our wonderful team of SSA's for the support offered to the students and also to the teaching staff. Everyone enjoyed a selection of pastries to mark the end of another of the week



The PBS team have introduced a new reward system to recognise staff members. The first winner of the 'PBS Practitioner of the Month Award is Kiran Nahar – Well done Kiran, and our thanks for all your hard work!

Parents and Carers

ParentPay

We operate a cashless system in school whereby all payments are made online using the ParentPay system. You should have a log on and password specifically for your child's account. If for any reason you have not got these details please contact the finance office who will be able to provide you with all the information.

Parents Consultations

It was good for Tutors to be able to speak to you albeit either by phone or online. We hope that you found it a useful opportunity to be able to discuss how your child has settled at the start of the new year.

Fundraising

Grand Christmas Raffle



Unfortunately, this year we will not be having a traditional Christmas Fayre. However, as this along with our Summer Fayre are our main fundraising events, your support with our Grand Christmas Raffle would be really appreciated.

Raffle tickets and details about prizes etc will be available after half term.

Dates for Your Diary

Autumn 2 Monday 1st November 2021 – Friday 17th December 2021*

Spring Term 2022

Spring 1 – Thursday 6th January 2022 – Friday 11th February 2022*

Half Term – Monday 14th February 2022 – Friday 18th February 2022

Spring 2 – Monday 21st February 2022 – Friday 1st April 2022*

Summer Term 2022

Summer 1 – Wednesday 20th April 2022 – Friday 27th May 2022*

Bank Holiday – Monday 2nd May 2022

Half Term – Monday 30th May 2022 – Friday 3rd June 2022

Summer 2 – Tuesday 7th June 2022 – Friday 22nd July 2022*

**** School finishes at 2.30pm***

Staff Training Days

1st September 2021

4th January 2022

5th January 2022

19th April 2022

6th June 2022

