

Dear Friends of Field Heath,

As we come to the end of the Spring Term, you can see that although it has been short it has still been eventful. Students have had the opportunity to participate in a wide range of learning activities both on and off site. Some of the highlights included participating in World Book Day, Number Day, as well as supporting various Fundraising events.

Thank you for your support throughout the term which is really appreciated.

The sight of Daffodils in Spring always brings joy – this is a short verse which I came across which captures this beautifully

Golden stars descended from the sky;

Twinkling on they bring a spark of heaven down to earth.

On behalf of everyone, hope you have a Happy and Holy Easter.

We have a Staff Training Day on Monday 13th and look forward to welcoming students back on Tuesday 14th April.

Eryl D'Souza

Associate Principal – Community & External Partnerships

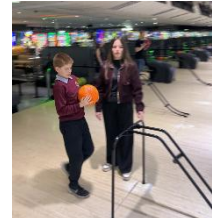


Tutor Group 3A

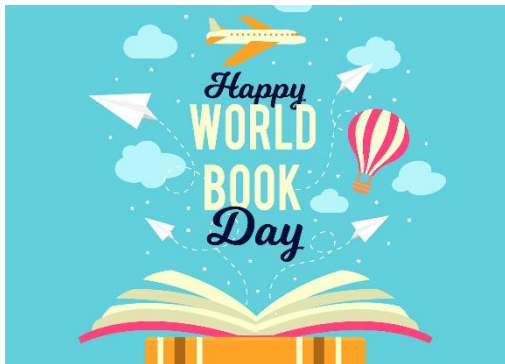
3A recently enjoyed a community outing to Tenpin Acton and Five Guys. During the trip, students had the opportunity to show off their bowling skills while also demonstrating the progress they have made in interacting appropriately with members of the public.

All students enthusiastically took part in the bowling activities and confidently ordered their own food at the restaurant. It was wonderful to see everyone engaging so positively and enjoying the experience together.

The class has been participating in regular community outings to help develop independence and social interaction skills. These experiences provide valuable real-world opportunities for students to practise what they have been learning in school, and it is clear that their hard work is beginning to pay off.



Tutor Group 3B



Students in 3B have had a good Term, they participated in all the events. They particularly enjoyed the World Book Day and Number Day.

Tutor Group 3C

3C enjoyed a trip to The Roald Dahl museum as part of their English curriculum. At the museum they learned about the interesting life of the author. In Maths, they been practicing their skills with using a ruler to measure length, height and how to show fractions in shapes.



Tutor Group 4A

This term in 4A have been very busy with their cooking lessons. They have been making new foods to try. They enjoyed making 'Slimey Slugs' (vegetable spring rolls) for World Book Day. 4A have also been enjoying going out in the community and exploring the local parks as well as new places such as Ansell's Garden Centre and feeding the fish!



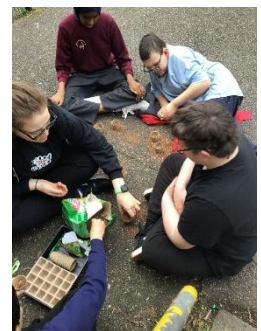
Tutor Group 4B



Over the Spring Term, 4B have engaged in a wide range of fantastic learning opportunities. One highlight was World Book Day, which was a day filled with fun and excitement. As part of the celebrations, 4B visited The Roald Dahl Museum, where they had the chance to dress up as characters from Roald Dahl's stories. They also took part in Express Yourself Day, where all pupils engaged in a variety of self-esteem-building activities. These activities encouraged our very special young people to appreciate and love themselves simply for being who they are. In Maths, 4B have been exploring measurement through real-life applications. They have been measuring themselves, classroom objects, buildings outside, and other tactile items, making learning both practical and engaging. In English, 4B read the stories *The Last Stop on the Bus*, *The Suitcase*, and *The Twits*. These engaging texts inspired not only reading but also a range of practical activities, including role-play, story mapping, and sensory experiences to help bring each story to life.



We have truly enjoyed the Spring Term and now look forward with great excitement to all that the Summer Term has to offer.



Tutor Group 4C

4C have been learning about tennis with a coach from Get Set 4 Tennis – this is a tennis leaders course working towards coaching qualifications.

They have also been working towards presenting a two-course meal in catering and will be serving a meal to staff at the end of term.



With the help of the OT Department they have been working on their sensory needs and looking at ways to help regulate their emotions.



Tutor Group PH+A



This term **PH+A** have had a wonderful time taking part in **musical play company activities**. The children really enjoyed **singing and dancing together**, showing great enthusiasm and confidence while performing. During playtime, they worked well with their friends. They **played together, shared toys, and took turns**, which helped them build positive friendships and learn how to cooperate with others. The students also enjoyed **role-playing the story of Cinderella**. They used their imagination to act out different characters from the story, such as Cinderella, The Prince, and the Fairy Godmother. Through this role play, they practiced speaking, listening, and expressing their ideas while working as a team. Overall, it has been a **fun and engaging term**, where the students



developed their **confidence, creativity, and social skills** while enjoying music, movement, and imaginative play together.



Tutor Group PH+B

Students in PH+B have enjoyed a variety of activities. They took part in Number Day and all the fundraising activities.



Tutor Group PH+C



This term in PH+C, pupils have really enjoyed exploring the theme of Time.



Some students have been exploring day and night routines and thinking about the different things we do in the morning, afternoon and evening. Other pupils have been learning about how to tell the time, particularly focusing on o'clock times, and linking this to familiar daily activities.



Pupils responded well to working together in small groups, where they were able to share ideas, take turns and support one another. They also used Maths stories to help bring their learning to life. These stories helped students think about time in a meaningful way and link it to their own daily experiences.

Tutor Group VBC A

This term, students in VBC A had a fantastic time visiting Nathan's Farm with horticulture teacher Nicky Grieve. The weekly Wednesday trips quickly became a highlight, with students eagerly anticipating each visit. The children loved exploring the farm and meeting the newborn animals, including a baby donkey, chicks, and rabbits. Many were also fascinated by the farm vehicles, especially the tractor, which sparked lots of excitement and curiosity.



At the start, some students felt a little unsure around the larger animals, such as the horses, pigs, and ponies. However, as the weeks went by, their confidence grew tremendously. It was wonderful to see them develop such a caring and gentle approach, happily stroking the animals and showing genuine affection. Overall, the visits to Nathan's Farm provided a valuable and enjoyable experience



Tutor Group VBC B



This term, VBC B students have engaged in a range of activities to support their learning and personal growth. As part of promoting their mental health and wellbeing, the students participated in a yoga session where they practised different movements to help with relaxation and improve body coordination.



They also developed their gardening skills in the school's horticulture area, where they planted their own flower seeds and will be able to observe and track their growth over time.



Finally, the students visited Uxbridge Shopping Centre to buy ingredients for their cooking sessions, helping them develop independence and practical life skills.

Tutor Group VBC C

Students in VBC / C have been enjoying accessing the wider community as part of their hobbies and leisure activities. Recently, they enjoyed visiting the local supermarket to buy ingredients from a shopping list for their cooking lessons. Students have been working extremely hard on their road safety skills and have been practising how to ask for help when needed while out in the community. We are very proud of the confidence and independence they are developing.



Tutor Group VBC D

During the spring terms VBC D students have enjoyed celebrating some class birthdays along with having a class trip to The Roald Dahl Museum in Great Missenden where we got to enjoy the history of some of the characters from the books and entering a room that smelled of Wonka chocolate bars. The class have been enjoying their Trampolining lessons in PE and practising their balance on stepping stones. Within Thrive sessions the students have spent time sharing their own interests with each and creating conversations. In PSHE the students have been filling out application forms which led to them applying to DASH to join an activity session in their Uxbridge hub along with learning all about internet safety and how to create emails.

The class have enjoyed activity days at school like World Book Day and Mental Health Creative Day trying new things and having fun. We are all looking forward to the Summer and all the new experiences we can have.



Tutor Group VBC E

The students in VBC E have had a good term.

We loved celebrating World Book Day, dressing up as characters from *Charlie and the Chocolate Factory* — we looked amazing!

In March, we were lucky enough to attend the Table Cricket Championships. We had a fantastic time and were very proud to come home with medals. Later in March, we organised and held a Mother's Day Sale for the whole school. We worked hard together to prepare and gift-wrap the flowers, and we really enjoyed making sure that every student went home with something special for Mother's Day.



Catering



This half term, the Key Stage 4 Catering and Hospitality group has been developing a menu that they carefully researched and selected as the focus of their practical lessons. Throughout the term, students have refined their knife skills, practised a range of recipes, and demonstrated creativity by designing their own invitations. They have also gained valuable experience in table setting and in serving food and drinks to a professional standard.

As part of this project, the students invited four members of staff to attend a luncheon. They worked diligently to prepare and present a starter of homemade onion bhajis, followed by a main course of butter chicken served with basmati rice.



Students took great pride in presenting a beautifully arranged table and ensuring that every detail of the meal was prepared to a high standard. Their organisation, time management, and preparation skills were evident throughout the event. They served their guests with excellent manners and professionalism, making the luncheon a great success.



GEARZ VBC E/D

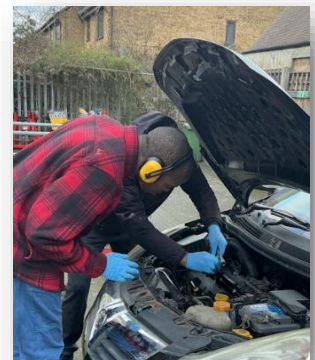
Motor Vehicle Workshop – Learning Real Skills at Gearz

Our students have been taking part in hands-on learning sessions at a local specialist garage, Gearz, where they are developing practical motor vehicle skills in a real working environment.

During these sessions, students are learning how to:

Safely explore different parts of a car engine

Use basic tools with support



Follow simple step-by-step instructions

Work alongside others as part of a team

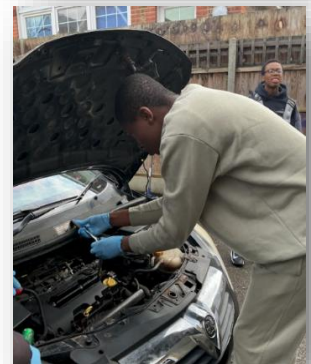
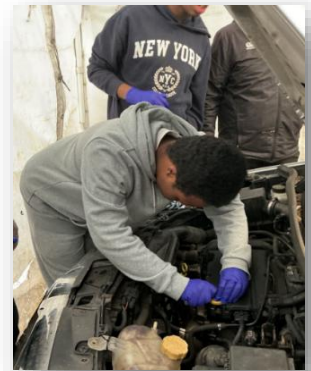
Understand the importance of safety equipment (gloves, ear protection)

Students have had the opportunity to carry out simple tasks such as checking components, loosening and tightening parts, and learning how a car works. These experiences help build their confidence and independence while introducing them to possible future career pathways.

Staff at Gearz support our students by breaking tasks down into clear, manageable steps and modelling each activity. This ensures all learners can access and take part in the session at their own level.

It has been fantastic to see students fully engaged, focused, and proud of what they achieve. Many have shown great perseverance and teamwork skills throughout the sessions.

We are incredibly proud of their effort and look forward to continuing this valuable partnership with Gearz.



Hair and Image

Hair & Image – ASDAN Introduction

Our students have been enjoying their introduction to the Hair & Image course, where they are developing practical skills used in real salon environments.

Throughout these sessions, students are learning to:

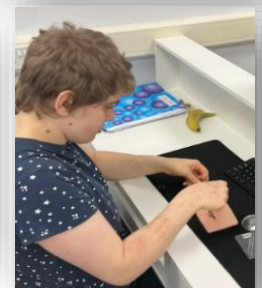
Care for hands and nails

Apply nail varnish with support

Use basic tools safely (files, buffers, UV lamps)

Follow simple step-by-step instructions

Work with others in a calm and respectful way



Students are practising on training hands as well as working with peers, helping to build confidence, communication, and trust. They are also learning about hygiene and the importance of keeping a clean and safe workspace, just like in a real salon.

More recently, students have started learning how to apply party lashes and individual lashes, alongside developing a basic understanding of eye care and eye function. They have been practising these new skills on doll heads (training mannequins), allowing them to build confidence in a safe and supported way.

Staff carefully model each task and break it down into small, manageable steps, ensuring all students can access the learning at their own level. Visual supports and repetition help reinforce understanding and independence.

It has been fantastic to see students so engaged and focused. Many are showing great pride in their work and are beginning to develop their own sense of style and creativity. This course supports students in building key life and work skills, while also introducing them to potential future pathways in the beauty industry.

We are very proud of their progress and look forward to seeing their skills continue to grow.



Outdoor Learning – Horticulture

The students have been working incredibly hard during their Horticulture sessions preparing for Mother's Day. They carefully gift-wrapped beautiful plants and took part in a shopping trip to choose extra items to go with them, including cards, biscuits and chocolates.

On the Friday before Mother's Day, the students held a special sale, inviting the whole school to come over and choose gifts to take home. The event was a great success, and we made sure that every student was able to go home with a gift ready to celebrate Mother's Day.



Therapy News

The therapy team have been busy having fun with Lego Therapy Lunch Club



The therapy team learnt about Signalong and carried out Staff training



The therapy team commenced Therapy Intervention Groups across the school.

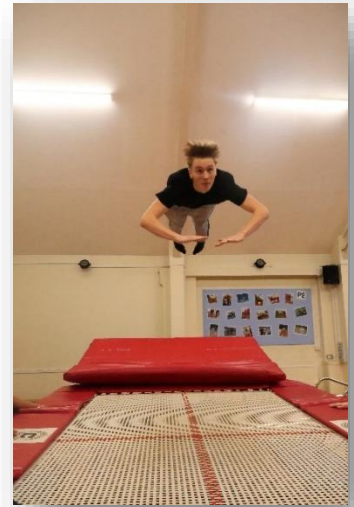


Sport

Students have been taking part in a variety of activities this term. In lessons they have been learning trampolining skills or swimming. This has helped them develop balance and coordination skills, with more able students working on more advanced skills in trampolining and linking them into routines.

Teams have represented the school at the Hillingdon New Age Kurling Tournaments hosted at Piled Heath. Students have also played in the London Panathlon 10 Pin Bowling Championships, the London Youth Games Boccia, representing Hillingdon, the xtend Multi Sports Festival at Brunel University, and football at the Panathlon Football tournament and Brentford FC Accessibility Tournament.

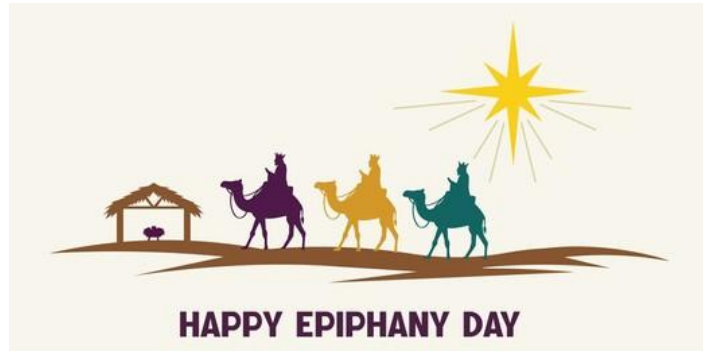
Students have also been having tennis coaching from GetSet4tennis, golf coaching and cricket coaching from Middlesex CCC.



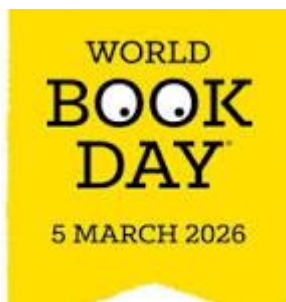
Community Events



In January we started our year with a service in our chapel for all staff, to mark the significance of the Feast of the Epiphany.



World Book Day



Students and staff enjoyed taking part in World Book Day on Thursday 6th March. Everyone was encouraged to come dressed as a book character. The day started with an assembly, and there were many literary and craft activities planned throughout the day. Staff across the school enjoyed talking to students about the books that they enjoyed reading the most and students really enjoyed the opportunity to dress up and talk about their favourite books and stories. Thank you to Charmaine for coordinating this event.

Number Day



On 26th March we had a whole school celebration of Maths Games. Students engaged in various activities which included a Kurling tournament and interactive games workshops. There was also a Maths in Art workshop and a Musical shapes Dance workshop.

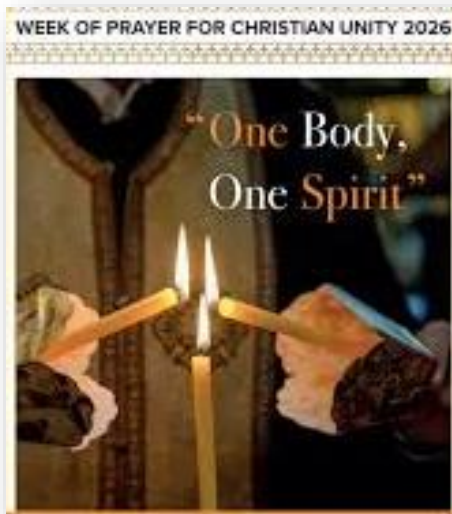
Other activities included a Number party, Numicon games, Sensory cooking - Rice Krispies Squares and World Records - measure your body. Thank you to all the staff who ran activities and workshops and a special thank you to Monika Jakubecka for organising the day. More photos will be shared after Easter.



Masses

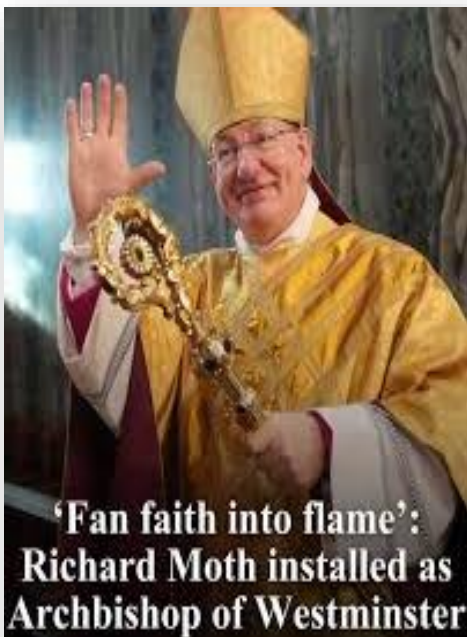
In January we had a Mass to mark Christian Unity Week which was from 18th - 25th January by having a special mass. The theme that was chosen for this year was **“One body and one Spirit, just as you were called to the one hope of your calling”** (Ephesians 4:4), emphasizing unity, hope, and vocation.

On 11th February we marked the Feast of Our Lady of Lourdes – World Day of the Sick by having a special Mass. It is lovely that some of our students have now resumed their role as Altar Servers



Westminster Diocese

We joined with the whole country to give thanks for the service of Cardinal Vincent Nichols who retired after as the Archbishop of Westminster on December 19, 2025, after leading the Roman Catholic Church in England and Wales for 16 years. We were very fortunate to have received invitations to attend The Installation Mass of the 12th Archbishop of Westminster – Richard Moth on 14th February. It was a real privilege to attend the beautiful ceremony at Westminster Cathedral.





The Sisters of The Sacred Hearts of Jesus and Mary (SSHJM)

We were delighted to welcome a group of Sisters from the Congregation from Uganda and Zambia who are currently spending some time with us at Field Heath. Having them helps to remind us that we are part of a global family.

Racial Justice Sunday

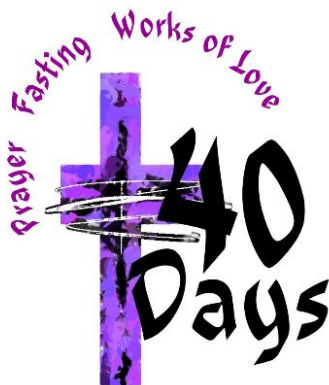
Following on from the various activities that we have done previously, we marked Racial Justice Sunday in February. The theme that was chosen for this year was *“Whoever loves God must also love his brother” (1 John 4:21)*.

As always, we will continue to mark this as a whole school community with various activities throughout the year.



Season of Lent

We had a service to mark Ash Wednesday as the start of Lent. The Significance of the number 40 in the Bible was shared as was the 3 key aspects of Lent, namely Prayer, Fasting and Almsgiving. The whole community was invited to think and share ideas of what they were going to try and do during Lent.



CAFOD Family Fast Day

We marked CAFOD Family Fast Day. During Lent we did lots of related activities related to the season



Staff Liturgy Team

The Staff Liturgy Service was an opportunity to focus on the Season of Lent and how it is a time given to us to pause and reflect on our lives.



We had a Service to focus on how **The Stations of the Cross** are used particularly during the Season of Lent to reflect on the last steps Jesus took on his journey to the Cross.

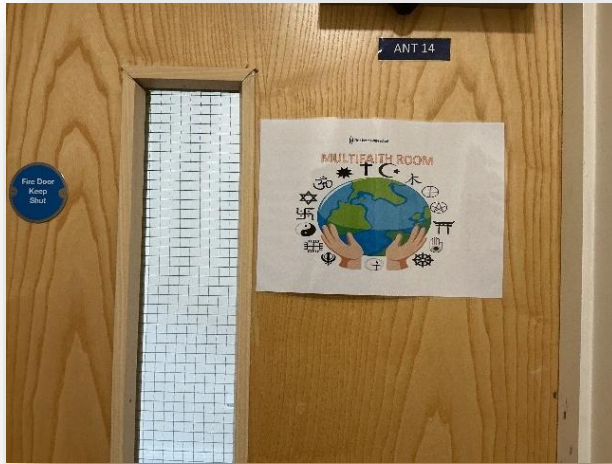


Lenten Retreat

We hosted the Hillingdon Deanery Lenten Retreat led by Caroline Farey. The day included Talks, Mass, Adoration and Confessions.

We also had an end of term Service in March to highlight the significance of the three days in Holy week – Maundy Thursday, Good Friday and Easter Sunday. Thank you to Agnes Komasiak for leading this prayerful Service.

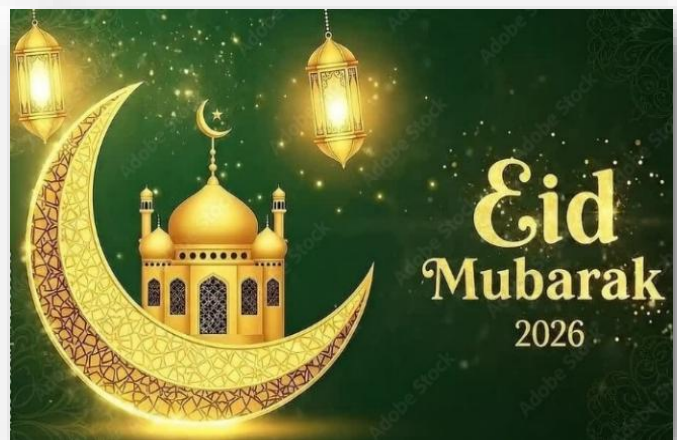




Multi-Faith Room

We are pleased that we have a larger space that we have been able to designate as a Multi-Faith space. Hopefully, this improved facility will enable both staff and students of all faiths to follow their religious practices.

As our Muslim families and colleagues came to the end of Ramadan we were pleased to be able to wish them a lovely celebration to mark the Feast of Eid.



Special Days

World Day of Prayer



The World Day of Prayer was celebrated on 6th March 2026. The theme that was chosen was "**I will give you rest, come**" (based on Matthew 11:28-30). It was prepared by Christian women in Nigeria. The day focused on finding spiritual and emotional rest from burdens like poverty, systemic oppression, and trauma.

Mother's Day



Thanks to Nicola Grieves, our Learning and Outdoor Manager.... VBC / E team who hosted a Mother's Day Sale on 13th March. This was a lovely event which engaged the whole community. Thanks also to the team of students who worked so hard were able to give all our Mums / Carers flowers to say Thank you for all they do throughout the year



The Chapel

In our chapel we have an ongoing display called – Thinking of You. All staff and students are welcome to go along to our chapel where they can place a candle to remember anyone they wish. This will also be an ongoing reminder for our whole school community to keep these intentions in our prayers. If there is anyone you would like to be included please send their details for Thinking of You to admin@pieldschool.org.uk.



Catholic Social Teaching (CST):

Following on with the Caritas Programme – Rooted in Love this term we focussed on Peace and Solidarity and Community and Participation, which 3A presented as a special assembly.

Rooted in Love

A new project to support schools in their journey with Catholic Social Teaching

Half Term	CST Theme
Autumn A	Care of Creation
Autumn B	Preferential Option for the Poor
Spring A	Solidarity and Peace
Spring B	Community and Participation
Summer A	Dignity of Workers
Summer B	Human Dignity

Fundraising



Red Nose Day

We marked Red Nose Day was on Friday 20th March. Everyone joined in with the atmosphere of the day by wearing something red and the day finished with a themed assembly.



POP UP CHARITY SHOP

Pop-Up Charity Shop – Growing Success

Following a very successful first opening during our Winter Fair, we were fortunate to be given a dedicated room to continue developing our Pop-Up Charity Shop within school.

Since then, students have been working incredibly hard to transform the space. They have taken part in:

Painting and decorating classroom

Cleaning and preparing environment

Organising donations and stock

Setting up displays



A special mention goes to Halima (4B), who has been developing her creativity and independence by dressing and styling our mannequin, helping to present items in an attractive and professional way.

Through this project, students are building a wide range of valuable skills, including:

Teamwork and communication

Following instructions

Organisation and problem-solving

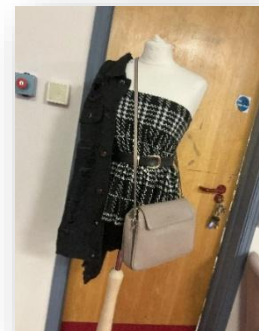
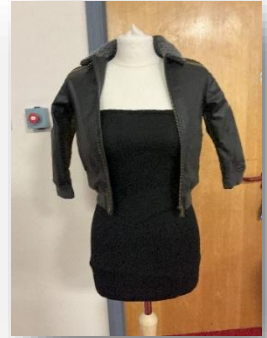
Responsibility and pride in their work

Looking ahead, we are excited to expand the project further. We are currently planning to:

Set up an eBay account to sell items online

Open the shop to a wider audience, including potentially the public

Work in partnership with our Media students, who will be designing a logo and supporting with product photography



This real-life enterprise project is giving students meaningful work experience and helping them prepare for future employment opportunities. It has been fantastic to see their confidence grow as they take ownership of the shop and contribute ideas.



We are incredibly proud of everything they have achieved so far and are excited to see the project continue to grow.

Community

VBC E OUT IN THE C OMMUNITY



VBC E – Community & Gym Sessions

Our VBC E students have been actively taking part in both gym sessions and community visits, helping them to develop important life skills, independence, and confidence outside of the classroom.

During gym sessions, students are learning to:

Use equipment safely (with support and supervision)

Follow simple exercise routines

Improve their physical health and wellbeing

Build resilience and try new activities

Students have shown great motivation when using equipment such as bikes, treadmills, and strength machines. They are also developing coordination, balance, and stamina in a fun and supportive environment.

Alongside this, students have been accessing the local community, where they are learning to:

Interact appropriately with members of the public

Practise social skills such as greeting and turn-taking

Build confidence in unfamiliar environments

Develop independence and awareness of the world around them

These real-life experiences are a key part of preparing our students for adulthood. Staff provide clear guidance, model positive behaviours, and support students to feel safe and successful in each activity.

It has been lovely to see students enjoying themselves, supporting one another, and growing in confidence each week. Many are becoming more independent and willing to try new experiences.

We are incredibly proud of their progress and the positive attitudes they show both in the gym and out in the community.



VBC E & VBC D – Careers Day Visit to Hillingdon Hewen College



Students from VBC E and VBC D recently attended a Careers Day at Hillingdon Hewen College, where they had the opportunity to explore future pathways and develop their confidence in real-life situations.

During the visit, students were able to:

Speak to colleges and training providers

Learn about different courses and opportunities available after school

Find out about apprenticeships and supported employment pathways

Ask questions and practise communication skills



This experience gave students valuable insight into what options are available to them in the future, helping them to start thinking about their next steps.

Students were supported to approach stalls, engage in conversations, and build confidence when speaking to new people. Staff modelled how to ask questions and encouraged students to interact as

independently as possible.

It was fantastic to see students showing curiosity, asking questions, and engaging positively with professionals. Many demonstrated increased confidence and maturity when discussing their interests and future goals.

Visits like this are an important part of preparing our students for adulthood, helping them to understand the wider world and the opportunities available to them.

We are very proud of how well all students represented the school during this visit.



Performing Arts



This term in Performing Arts; Pathway One has been busy exploring different sensory stories and looking at characterisation through dressing up and using our voices. We even became pirates! In Pathway Two, students have been exploring becoming Pop Stars and using a microphone, practising their singing and talking with confidence. Pathway Two has also been learning about acting for screen and becoming news reporters. Pathway Three have been exploring the world of business and put together their own business plans

that they presented to our onsite 'investors' who were very impressed. It has been a great term in Performing Arts!



Wellbeing



The winners of the Staff Wellbeing Goodie Bag this term were Julia Rolfe and Nicola Grieves.



End of Term Activities

Students had a lovely day to mark the end of the Spring Term by participating in a variety of activities based in the horticulture room, seeing some real Easter bunnies and enjoying a disco. Special thanks to Nicola Grieve Our Outdoor Learning Development Manager and VBC E Team for organizing the day that was enjoyed by our whole community.



Parents and Carers

Parent Consultations

These meetings will take place on Thursday 14th and Thursday 21st May. Further details about the arrangements will be circulated after Easter.

Family Fun Day & Grand Summer Draw

We look forward to welcoming you all to our annual Family Fun Day. All proceeds from the event will go towards supporting the needs of our students and school community. For now, please save the date **Thursday 25th June** and we will be sharing more information after Easter.

We will also be having a Summer Draw on the day. Raffle tickets will be available after Easter. Your support with helping to sell as many tickets as possible would be really appreciated.

