

Dear Friends of Pield Heath,

As we come to the end of the Spring Term, you can see that we have had an eventful term. Students have had the opportunity to participate in a wide range of learning activities both on and off site. Some of the highlights included participating in World Book Day, Science Day as well as supporting various Fundraising events.

As we continue our journey in the Season of Lent and prepare to mark the very special days of Holy Week, we are reminded that this is even more important this Jubilee Year as we are invited to be 'Pilgrims of Hope'. Thank you for your support throughout the term.

Wishing you all a Happy and Holy Easter.

*Eryl D'Souza*

Associate Principal  
Community & External Partnerships

This is a picture of the beautiful Magnolia Tree in bloom in our school grounds in all its glory!



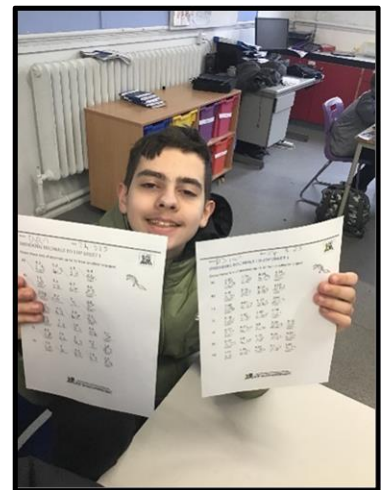
### **Tutor Group 3C**

3C have been making the most of the educational opportunities presented to them, this term. The class recently participated in the Hillingdon Young Citizens event hosted by Brunel University.

At the event, students were able to learn about a range of topics and this included open water safety and how to avoid a domestic fire. They had many questions for their hosts and the experience was enjoyed by everyone in the group.

Back in school, the students made the most of Science Day as they conducted several experiments including finding the best process to make a bath bomb!

In terms of class work, some students have been working on a learning target related to the order of decimals and it has been lovely to see their progress.



### **Tutor Group 3N**

3N has participated in a wide variety of engaging activities that support their learning and foster the development of the "Whole Student." In Community Skills, 3N has had some fantastic trips. They travelled on public transport to Hotel Chocolate, where they practiced both verbal and visual ordering skills, as well as proper eating and drinking etiquette. The class also visited Ansell's Garden Centre, where they not only bought seeds to plant in the classroom but also had the chance to feed fish and enjoy a snack at the beautiful café.

In Maths this term, 3N has worked on understanding time using a 24-hour clock, linking each hour to real-life events. They have also had fun learning how to draw the hands on an analogue clock to show o'clock and half past.



### **Tutor Group 3P**

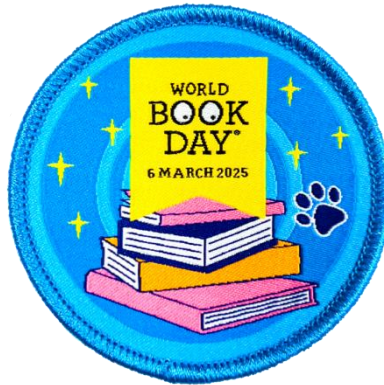
3P have started using the bike track now the weather is warmer. Using the cycles helps with developing balance and coordination skills that help us access the rest of the curriculum.

Other activities they enjoyed included preparing and leading the whole school service for the Feast of St Patrick in March and participating in World Book Day



### **Tutor Group 4H**

4H have had a good term, they have continued to work on developing their literacy and numeracy skills. They enjoyed participating in the World Book Day as well as the Science Day Events.



### **Tutor Group 4L**

4L represented the school at Brunel University for a Boccia Competition. This term they also enjoyed Science Day where they transitioned around the school participating in lots of amazing Science and Fun activities. They participated in Junior Citizens Day. The students listened to talks from The Police, the Underground, the RNLI, Fire Brigade and many more organisations.





**Tutor Group PH+A**

Spring has been a term full of growth, learning, and taking part in new experiences.

Students have been building on essential skills in both Numeracy and Literacy using number games, storytelling, and literacy-based experiences that encourage communication and numeracy skills. They enjoyed different forms of creative expression, from painting to music.



**Tutor Group PH+B**

PH+B particularly enjoyed going to The Looking Good Room which has recently been opened. During their time there, they enjoyed a massage or having their nails painted. In PE lessons a favourite activity has been trampolining and playing with tennis balls which they enjoyed, The PH+B students worked very hard in in all lessons, especially in Numeracy where they have been learning about numbers, sizes and colours.



**Tutor Group PH+C**

This term students have been working on their Community Skills and using public transport. They have also been exploring different tastes and textures. PH+C have enjoyed their cooking sessions where they are able to make and eat tasty snacks.



### **Tutor Group PH+D**

PH+D students have engaged in different art and craft activities through different subjects. Students designed and made a heart using different-coloured tissue papers to show their love and care for one another. They also designed and made a house with different rooms and facilities using different colour paints to show their artistic taste of colours and design as part of Home Management. They engaged in handprint activities to show their connection and unity for Knowledge for the World. As you can see from their expressions they were proud of their achievements!



### **Tutor Group VBC A**

Every morning students take it in turn to make breakfast for the class before participating in a clean-up routine. They are able to share more and are building good friendships as well as improving their work skills. During the Summer Term they will be encouraged to continue to promote friendships and engagement with different activities like yoga and badminton. One of the highlights this term has been visiting Nathan's Farm every week.





### **Tutor Group VBC B**

Students in VBC B have had many opportunities to enhance their independent living skills, such as shopping, cooking, home management as well as leisure activities. During the Spring term, the class took part in a few project days. Firstly, students had the opportunity to choose their lunch, travel to the shop to purchase the ingredients, cook lunch and enjoy food with friends. Secondly, VBCB took part in a Well-Being day: riding bikes, enjoying yoga sessions, visiting school's library and preparing health snacks.



### **Tutor Group VBC C**

This term VBC C have been working on their turn taking skills and engaging with activities to support build and maintain special friendships with their peers. VBC C have also been working very hard during independent living skills and they have been practising their Daily Living Skills in preparation for adulthood.



### Tutor Group VBC D

VBC D have taken part in various school activities this term. As well as World Book Day they took part in a Junior Citizen workshop at Brunel University. The session was aimed at learning how to keep safe in the community, at home and understanding the various dangers. Students enjoyed taking part in the school-based Science Day.

In PSHE students have been learning all about internet safety and what they need to keep private, they have also been enhancing their knowledge of keeping a house clean by learning to use household products safely. The students have been out and about in the community planning their journeys and enjoyed a trip to the Bowling Alley.



### Tutor Group VBC E

VBC E have had a great term taking part in lots of activities.

They performed a whole school assembly about Dreams and what they would like to do in the future. In PSHE they have been learning about recycling. They made lots of different sea creatures from recycling and learnt about how we need to protect our oceans.

Every Wednesday the class go to Uxbridge College, where they are working on developing their independence. They have lanyards to be able to access the building and have been practicing using them. On World Book Day the class enjoyed moving around the school doing different reading and literacy activities.



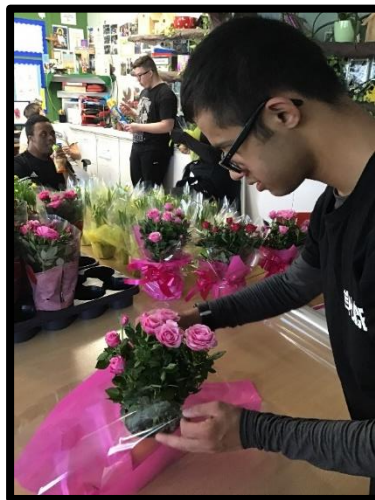
### Tutor Group VBC F

For the past few weeks VBC F have been exploring budgeting and enterprising projects. They chose to plan a Mother's Day sale.

Working as a team, the class created and sent out to staff, parents and governors an online catalogue, via email. "Customers" could order a gift.

During travel training sessions, they brought Mother's Day mugs from various shops (comparing prices) and went on an online auction to buy plants straight from the auction houses in Holland.

They then worked together to gift wrap the plants and held a "live" sale just before the Mother's Day weekend, inviting the whole school community to visit.





## Catering and Hospitality

### Catering and Hospitality Afternoon Tea Event

On the 5<sup>th</sup> March the Catering and hospitality group hosted an Afternoon Tea for some staff and dignitaries of the school.

The students spent a few weeks prior to the event perfecting their recipes and choosing the menu and creating the invitations and following up on the responses.

The students worked hard all morning getting their food prepared and baking scones and cakes to perfection along with making homemade sausage rolls and sandwiches.

The students then took over the common room in the 6<sup>th</sup> form building and laid the tables and cutlery and ensured the presentation of their food was perfection along with a well brewed Assam or Earl Grey tea.

The students served and chatted with guests giving a warm welcome and ensuring tea was always topped up.

The students then cleared and cleaned the dining area and got a small taste of an industrial kitchen using the dishwasher in preparation for their work experience rotation in the summer cooking for the school and completing their food hygiene certification.

A special thank you to Sarah-Jane Beavis for all her efforts in enabling our students to participate in such real-life initiatives. The students were a real credit to the school and the event was a great success.



### Outdoor Learning

Mother's Day is celebrated in many Churches with the giving of a small bunch of Spring flowers to the children to give to their Mum's or a special person in their lives.

Students within the Horticulture department enjoyed this tradition again this year by gift wrapping and presenting a small Daffodil plant to every student within the school to take home for Mother's Day weekend.

The students had an amazing time preparing the flowers and an even better time giving them out. Lots of smiles all round!



### Eco-Committee

This term students enjoyed celebrating everything "Science" related during our Science Activity Day. The eco- activity was a hit with all of them - learning about the importance of worms and how they keep our soil healthy. They enjoyed building their own wormery's and students were fascinated with our treasure chest full to the brim with worms! You will be pleased to know that no worms were harmed in this experiment 🐛

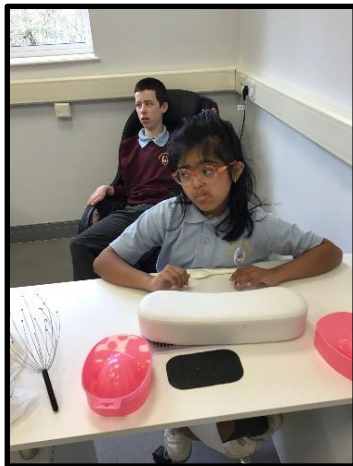


### Looking Good Room

A few months ago, a project was started to refurbish the old Looking Good Room thanks to a very generous donation bequeathed to the school by Jacqueline Houlihan.

This has led to where we are today, with a room which has been designed specifically to support the needs of our students and promote independence, employability and wellbeing.

A huge thank you to Sarah Ball, Nicola Leonard and Gurinder Bains for the time spent researching, sourcing and preparing the room. This is a fantastic resource which can be used by our whole community.



### St Joseph's House

This term we have also started to use St Joseph's house, this facility allows students to develop their independence skills in a real-life setting.





## Sport

This has been a busy term in PE. We have continued to have coaching each week from Golf for Autism. Classes have also enjoyed coaching from Middlesex County Cricket Club, with VBC E going on to represent the school at a table cricket competition.

We also hosted the Hillingdon New Age Kurling tournaments for primary and secondary school and 4L had a great time at the XTend Multi Sports event at Brunel University.

In lessons students have been enjoying trampolining.



## Thrive

During the school calendar there were lots of exciting events to celebrate. One of the events, in particular, that the students loved was World Book Day. In Thrive we took the opportunity to read; in any creative way we can, getting into characters and immerse ourselves into the story Working together.

In VBC D they played the silliest game! Students rolled the dice to decide what had to be drawn. There was one pen and as much string as there were people, everyone had to hold a piece of the string that was tied to the pen and control it to successfully draw the object, together. Lots of negotiation, communication and laughter was had. Showing all of our voices can be heard and showcasing, some unexpected leadership.

Exploring different sensory stimuli, made us appreciate how it's so important to take a break, enjoy the peace and find time to do something you absolutely love.



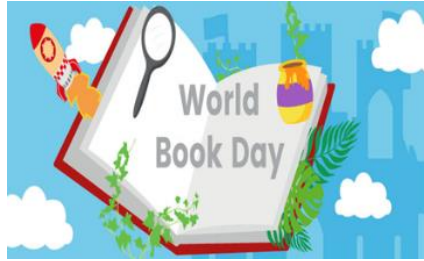
### Therapists

Ellie and Hussain have been using their “Speedometers” to identify if their body engine is running slow, just right or fast during the class based Alert programme, as part of their Occupational Therapy. Zanna and Ellie have been participating in activities to change their engine speed.



## Whole School Activity Days

### World Book Day



On Thursday, March 6th, Pield Heath celebrated World Book Day in style! The entire school took a break from their usual timetable and enjoyed a day filled with sensory, engaging, and fun reading-based activities.

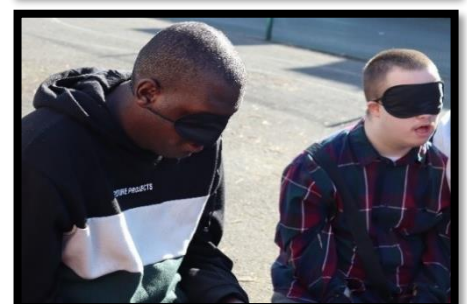
The day kicked off with a whole-school assembly, where 'The Queen of Hearts' shared the significance of World Book Day and how our donations help less fortunate children. Students got a glimpse of what was in store for the day ahead. This year's theme, chosen by the World Book Day charity, was "Read Your Way" a perfect fit for our students, who each have unique ways of accessing reading.

From there, the fun began! Classes took part in a variety of exciting sessions, including sensory stories, sentence-building with mud, slime, and spaghetti, reading upside down, and even stories on the beat! Each activity was designed to be immersive and engaging, ensuring every student was involved and enjoying themselves.

The day wrapped up with a creative costume parade during the final assembly. Our judges had the tough job of scoring students on their costumes, which showcased an incredible amount of imagination and creativity.

World Book Day 2025 was a resounding success, with smiles all around and students fully immersed in the spirit of the day.

A special thank you to Charmaine Fullerton our Literacy Lead for organising the event and to all the staff who ran activities, the students for their enthusiastic participation, and to our parents for your generous donations, costumes, and support. We couldn't have done it without you! All in all, it was a great success. We look forward to having even bigger and better celebrations in the future!





## Science Day

Science day kicked off with a morning assembly full of lively songs and video's about Science and the different experiments and activities that schools around the country were doing for Science week this year.

The theme for Science week was Change and Adapt so I looked at a variety of resources and activities to reflect the theme.

Pathway 1 classes had 6 activities which were all centered around the theme. Deep Sea Yoga, learning all about the different fish in the ocean. Paperchain Caterpillars which taught the students about the lifecycle of a butterfly. Magnetic Challenge a fun activity which gave the students to explore what magnets can do with the support from adults. Music Maker was an opportunity to look at how different sounds are made. The last activity they did was to make Ice cream which again was an opportunity to watch ingredients turn into something quite yummy to eat.

These activities were class based and didn't require the students to transition around the school instead they were mostly teacher led activities with support from Julie Critchfield for Yoga and Erika for Music. This was based on the feedback received after last year's Science day when it was difficult to transition students .

Pathway 2 and 3 classes activities again were all centred around the theme, for this the students transitioned around the school. There were 6 adults involved in running activities, Nickie Grieves ran wormery groups with LIVE worms, it went down really well with the students to make wormeries! Charmaine ran groups to make footprint tunnels, an opportunity for the students to make tunnels put their tunnels in the garden and come back to them to look at the animal pawprints and then to guess which animals they could be. Robert ran Bath bomb Challenge an opportunity to make Bath bombs and to try them out by taking them home. Sue Donaldson ran groups making Amazing Animal Adaptations out of Junk materials, making amazing animals. Sarah Jane ran a Camouflaged Caterpillar Challenge hiding pieces of wool caterpillar length outside for the students to find. Clare ran Balloon Magic where the students had the opportunity to watch balloons inflate with the aid of a mixture of vinegar and Bicarbonate of Soda .

The day ended as it began with an Assembly, where we were able to all enjoy a PPT presentation made by Nicole Rossie's where she was able to share the highlights of the day. The whole day was packed full of activities and was a great success.

Special thanks to Clare Lucas for coordinating and planning Science Day for the whole school.



## Community

### Jubilee Year

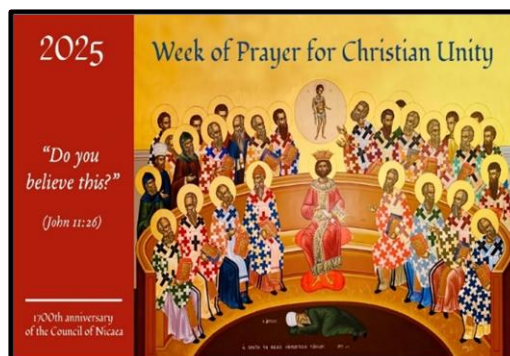
In January, we started our year, as we always do, with a Service in our chapel for all staff. Following on from our Christmas Performance which was entitled – A Journey of Hope we re-introduced the Jubilee Year. The theme – Pilgrims of Hope and the significance of the Jubilee Logo was shared. We also had a Mass on the Theme of Jubilee which was celebrated by Fr Nicholas Schofield. We joined in with the official launch which was introduced by Cardinal Vincent Nichols. During the course of the Jubilee Year we will be doing lots of activities using resources from various organisations including CAFOD and Missio and we will add all these to a Jubilee Display we have started to create in our Chapel.



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## Christian Unity Week

We marked Christian Unity Week which was from 18th - 25th January. The theme that was chosen for this year was "Do you Believe this?"



## Community

### CAFOD Family Fast Day

We marked CAFOD Family Fast Day on Friday 14 March 2025. During Lent we did lots of related activities related to the season.



### Shrove Tuesday

On Shrove Tuesday students and staff enjoyed homemade pancakes in school.



### Ash Wednesday

We had a special service to mark Ash Wednesday as the start of Lent. During the service students were encouraged to share their ideas of what they were going to try and do during Lent.





### Staff Prayer Circle

Sr Fancy, Sr Christabel and the Liturgy Team led a Prayer Circle to explain the significance of Lent and shared ideas about how we can journey through this special season in the Liturgical Year.



### PBS Staff Winners

Spring 1 : Carol White & Dania Asif

Spring 2 : Katy O'Reilly



Special thanks to the PBS Team for all their efforts throughout the term – their support is really appreciated.

### Special Events

St David's Day – We marked St David's Day, Patron Saint of Wales by having a special assembly led by Sarah Ball. Hope all the 'David's' in our community enjoyed their special Feast Day.



### Women's World Day of Prayer

Women's World Day of Prayer 2025 was held on 7<sup>th</sup> March. This year's activities were prepared by the Christian women of The Cook Islands. The theme they chose was ***"I made you Wonderful"***.



### International Women's Day

The theme for International Women's Day this year was 'Accelerate Action.' as a community we looked at the value and importance of the women in our school, the women in our homes and families who play a part in our daily as well as examples of famous women around the world.



### Flame

The Community supported the local parish our Lady of Lourdes and St Michael an event hosted at Wembley. As this is a Jubilee Year it was an extra special occasion. The theme for the day was 'Unstoppable'. The Chief celebrant was Cardinal Vincent Nichols the day included a variety of talks, liturgical dance, drama and it concluded with Adoration of The Blessed Sacrament.



### St Patricks Day

Robert Shaw / 3P Class Team led a special assembly to share information about St Patrick and all things associated with the culture and traditions of Ireland.



### World Down Syndrome Day

Every year, the world pauses to recognize and celebrate the vibrant lives and countless contributions of people with Down syndrome.

World Down Syndrome Day 2025 was on 21<sup>st</sup> March. The theme that was chosen this year was: Together, we make one strong voice, and the message was "Improve Our Support Systems". To raise awareness everyone was invited to Rock their Socks by wearing a pair of Odd Socks.



### Red Nose Day

Red Nose Day was on Friday 21st March. This year it was the 40<sup>th</sup> Anniversary of Comic Relief and the chosen theme for the year was. Students found out more about some of the projects the charity supports.





### Mother's Day

Thanks to Nicola Grieves our Learning Development Outdoor Manager VBC / E team who hosted a Mother's Day Sale. There was a very impressive online which was shared with families and helped engage the whole community. Thanks also to the team of students who worked so hard were able to give all our Mums / Carers a bunch of daffodils to say Thank you for all they do throughout the year.



### Autism Awareness Week

As always, we participated in various activities to mark this event which included a special assembly. On Thursday 3rd April everyone was invited to wear something Blue. Thank you also to everyone who is supporting Erika and Tyrone who as well as having a car boot sale are also doing a sponsored walk from from Kemble in Kelmscott to Tilbury, Southend.

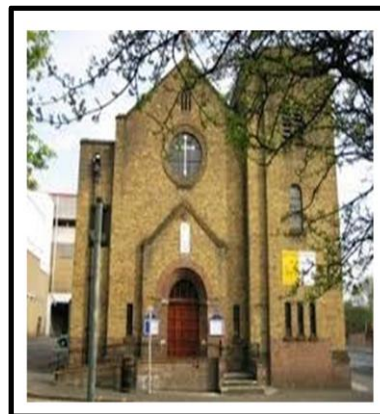
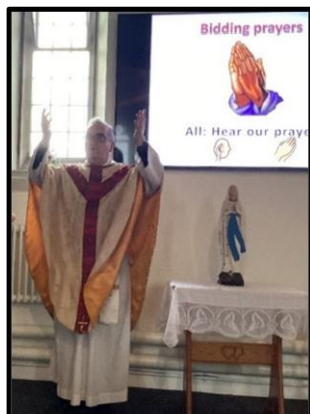


### Spring Term Masses

In January, we had a Mass so we could continue to share that this is a Jubilee Year. As this only takes place every 25 years it is a cause for celebration. The theme Pope Francis has chosen is 'Pilgrims of Hope'.



On 11<sup>th</sup> February we had a mass to mark the Feast of Our Lady of Lourdes. We were pleased that we had Fr Nicholas and Angela from our local Parish Church which is named Our Lady of Lourdes & St Michael. It was also a lovely chance for the students and staff who have been to The Shrine to reflect on their visits to Lourdes in France.



On 19<sup>th</sup> March we were pleased to be able to have a special Mass to mark the Feast of St Joseph. Special thanks to Fr Martin Plunkett who said this Mass for our whole school community which was a very joyful celebration.



On 2<sup>nd</sup> April we had a Mass to highlight the significance of the three days in Holy Week – Maundy Thursday, Good Friday and Easter Sunday.



### Lenten Retreat

We hosted the Hillingdon Deanery Lenten Retreat led by Fr John Hemmer MHM the day included talks, Mass, Confession and Adoration. The Theme for the day was 'Christ is Risen'.



### Wellbeing

#### Wellbeing Goodie Bag

The winners of the Wellbeing Goodie Bag this term were – Mahvash Gilani and Len Moon.



### Tea at The Well

Staff took the opportunity to relax and chat with colleagues over a cup of tea with cakes in The Tea at The Well which was organised by the Staff Wellbeing Team.





### **Out and About & Birthday Celebrations**

Students have enjoyed going on trips and taking advantage of the Spring sunshine. Students who sometimes find it hard to transition have enjoyed offsite trips – Well Done!



### **Celebrating Birthdays with Peers and Staff**



### **End of Term Activities**

The term ended with Easter themed activities and a disco. Special thanks to Nicola Grieve and VBC Group F Team for organising this event that was enjoyed by the whole school.



## Parents / Carers

### ParentPay

We operate a cashless system in school whereby all payments are made online using the ParentPay system. You should have a log on and password specifically for your child's account. If for any reason you have not got these details please contact The Finance Office who will be able to provide you with all the information.



### Dates for Your Diary

#### Parent Consultations

We look forward to seeing Parents / Carers for the Consultations Sessions which are both from 4pm - 6.30pm on Thursday 15th and Thursday 22nd May. Letters will be sent out from the office before Easter, so that you can book an appointment to meet with your child's tutor as well as other professionals.



### FAMILY FUN DAY

**Thursday 26<sup>th</sup> June 2025**

We look forward to welcoming you all to our annual Family Fun Day. All proceeds from the event will go towards supporting the needs of our students and school community. For now, please save the date **Thursday 26<sup>th</sup> June** and we will be sharing more information after Easter. We will also be having a Summer Draw on the day. Raffle tickets will be available after Easter. Your support with helping to sell as many tickets as possible would be really appreciated

### Term Dates

Please click [here](#) to view the academic year term dates for 2024 - 2025 and 2025 - 2026.

