

The PE and Sports Premium is designed to help primary school students improve access and provision of PE and sports activities they offer pupils.

In general, we use our grant to fund a range of sporting experiences or for the purchase of equipment which all our students will benefit from. The aim is that each student will enjoy and participate in physical activity at the level they are able to, while developing physical wellbeing and gross motor skills.

2019 -2020

Action	Purpose	Cost	Evaluation
Swimming lessons at hydrotherapy pool.	<ul style="list-style-type: none"> • Student have access to weekly swimming lessons at the hydrotherapy pool. • The purpose of swimming lessons is to develop confidence and safety in the water. For some students this will develop student's physical ability, muscle tone and overall health and well-being. • Opportunities for key students to increase body strength, fitness, core strength, balance and stamina 	£3,240	Students reports describe an increase in confidence and awareness of self in the water. They have expressed their enjoyment of swimming. In March 2020 this was suspended due to Covid lockdown and money was redirected.
Training Support staff as lifesavers	Ensure and support student safety in the water	£700	Students keep safe as staff are confident and have the skills to support students in the water.
Training Staff for Yotism	<ul style="list-style-type: none"> • To support students to develop better understanding of their body in relation to the space around them. • Breath and relax in a safe way there by facilitating learning and regulating their emotions 	£439	Observations demonstrated students developing a better awareness of self-regulation and engagement
Purchase specialist bicycles to improve mobility and gross motor functioning	<ul style="list-style-type: none"> • A large percentage of the students have physical and sensory needs outlined in their EHCP's. Using the Mobility Cycle track and the specialist bicycles under the guidance and supervision of the PE teacher and OT, supports students physical development. • It serves to promote sensory regulation, as part of an individual sensory diet, for those who may experience sensory processing difficulties. 	£3,788	Students will engage in physical activity and develop stamina, muscle strength and gross motor skills. Fitness increases in terms of duration and effort

Total Budget received: £8167