	Formal curriculum KS5 curriculum Framework									
	Areas of learning				2020/2021					
	Term	Au	tumn	S	pring	Summe	er			
U o		Topic: All About the News Look at newspapers and identify features e.g. Headline, weather report, sports etc. Answer simple comprehension questions about the newspaper. Tea/coffee newspaper morning in the cafe - share and talk about the news. Project: Write and produce a newsletter, allocate roles, interview staff and students.	Topic: Text based topic - Twelfth Night/Much Ado About Nothing Recap on who Shakespeare was , where he lived, the Globe Theatre (covered in KS3) . identify other Shakespeare plays. Recap and predict what will happen next. Write description of favourite scene and character. Why is this their favourite? Describe key personalities/physica I traits of specific characters. Have an understanding of how the era the play was written /setting affected the plot/characterisation .	Topic: Text based topic - Poetry - Haiku, acrostics and modern poets Haiku Recap on syllables, counting syllables in different words/sentences Write sentences Write sentences with specific number of syllables Watch introduction to Haiku on YouTube. Write adjectives to describe a scene, peer or favourite character. Write their own Haiku about a person/character. Use adjectives to describe what they like about PHHS. Make a PHHS Haiku Acrostic Poems Write an acrostic poem about themselves or a peer. Use a thesaurus to write acrostic poems for each season. Write an acrostic poems for each season. Write an acrostic poem about what is great about PHHS.	•	Topic: Managing My Money Shopping: Supermarkets and what they sell. Different departments and brands Make a shopping list and find the aisle these goods are in. Shopping for the week - make a list of goods needed. Receipts - what information do they show? Why do you need a receipt and why should you keep it? Budget brands, supermarket brands and named brands.	Topic: My Community - Charity shops What is a charity shop? Identify some of these Which charity would you support? How can you raise money for the charity? Organise a fundraising event - make posters, tickets etc. How to donate goods and/or money to charity. Listen to a speaker from a charity shop. Ask and answer questions Visit a charity shop Talk about volunteers.			

				Modern Poets: Read a range of poems by modern poets. Comprehension: Make prose into poetry. Write a response to a poem. Create a poem from a list of words.	Borrowing books; Make a fact sheet about the library.		
	Accreditation				nctional Skills Level 1 and Entry Level 1/2/3		
e e	Numeracy	Number is taught in Eating Out: Splitting bills equally between an amount of people. Working out how much a meal is going to cost at particular restaurants. Deciding where is going to be cheapest/most expensive to eat. Using take out menus/ delivery sites to calculate the cost of a meal.	organising a Shopping Visit: Handling Money and Money Exchange opportunities. Categorising shops and their purpose. Position and Direction.	Cooking: Measuring ingredients accurately using both electric and manual scales. Being able to measure in millilitres and litres. Knowing how to measure and weigh ingredients. Following recipes. How long it will take for something to cook.	My Community: Vocational project — Raising Money for Charity. Market research — Using Tally's Graphs to decide what will be most popular. Looking at the cost of activity to raise money — budgeting and profit.	Managing my Money: Banks Look at a range of banks. Discuss and list the things a bank provides. Bills/ receipts: Look at a receipt- What information does it show. Why would you need to keep a receipt? Budgeting – How much is left after Tax, National Insurance, Bills etc. Students will develop their ability to establish approximately if they have enough money for required items.	Work Place Skills: Wages – Wage slips. Times of work. Dates – shifts. Holiday Time. Bank Cards and Bank Accounts/Bank Statements. Inputting Data, using databases and spreadsheets.

						Benefits – Benefits that are	
						available – how to apply and	
						how much will be received.	
•	Accreditation	NOCN	NOCN	NOCN	NOCN	NOCN	NOCN
		Independent	Skills for	Skills for	Skills for Employment,	Using Employability Skills	Using Employability
		Living	Employment,	Employment,	Training & Personal Dev	Managing Money	Skills
		Eating Out	Training & Personal	Training & Personal	Money adding and	F/504/1232, A/504/1293,	Understanding a
		D/600/6319,R/60	Dev	Dev	subtracting	T/504/1485	payslip
		0/6320,	Shopping for your	Measure Capacity	L/505/3089		L/504/1475,
		Y/600/6321	home.	and Temperature		Skills for Employment,	Y/504/1673
		NCFE:	M/505/3733	A/505/4013	Skills for Employment,	Training & Personal Dev	
		Entry Level Maths			Training & Personal Dev	Budgeting	Using Employability
		(1/2/3)	Skills for	Skills for	Spreadsheet Software	K/505/4007	Skills
		Functional Skills	Employment,	Employment,	H/506/8049		Using Number Skills in
		Level 1	Training & Personal	Training & Personal		NCFE:	a workplace.
			Dev	Dev	NCFE:	Entry Level Maths (1/2/3)	Y/504/1284,
			Skills for Shopping	Measure Weight	Entry Level Maths	Functional Skills Level 1	Y/504/1463,
			F/505/3686	D/503/3378	(1/2/3)		T/504/1700
					Functional Skills Level 1		
			NCFE:	NCFE:			Skills for Employment,
			Entry Level Maths	Entry Level Maths			Training & Personal
			(1/2/3)	(1/2/3)			Dev
			Functional Skills Level 1	Functional Skills Level 1			Database software
			Level 1	Level 1			M/506/8037
							NCFE:
							Entry Level Maths
							(1/2/3)
							Functional Skills Level
							1
•		Students investigate	topics through a variety	of activities and experi	iences appropriate for their	level. Students take active part	in religious celebrations,
		learning how to bed	come an active witness	of their faith. RE lesso	ns are planned in a variety	of settings (including the Peace	e Garden, chapel, school
	RE	playgrounds, visits to	o local churches and oth	er places of worship) a	nd enriched by regular elem	nents of prayer and meditation.	
		Domestic church:	World faiths:	Local Church: people	World faiths: Judaism.	Pentecost: Learning how the	Kingdom of God: Bible
		learning about the	Hinduism	continuing Jesus'	Story of Moses and	Holy Spirit enables people to	Story . investigating
		family of God in	Diwali Celebrations.	mission. Church	Exodus. Passover,	become witnesses of Good	one from the 7
		Scripture. Family	Especially engaging	hierarchy; priests,	special meal celebrated	News.	Parables about God's
		tree of Jesus,	students who	bishops, pope	before the journey to	Becoming a witness of my	Kingdom.
				Francis. Learning	freedom. Investigating	faith.	

		creating my own family tree. Belonging: preparing for Confirmation, sacrament of adulthood in faith. Signs and symbols used during the sacrament of Confirmation.	celebrate Diwali in their families. Advent/Christmas: Jesus was born to show God's love to the world. Bible Story Nativity by St Matthew.	about Ecumenism. Visits to local churches, planning an interview with a priest. Reconciliation: Healing. Learning about the sacrament of the sick. Bible Story: Lost Sheep.	traditional Passover food. 10 Commandments. Lent/Easter: celebrating Jesus death and resurrection. Planting seeds - symbols of new life.	Eucharist: Living in communion with God and others. Bible Story: Last Supper. Jesus celebrates Passover and transforms old Jewish rituals into new sacrament. Planning to engage students during school Mass as altar helpers, lectors or to bring offertory gifts.	Universal church: joining one of CAFOD's projects for this year. Students will take a leading role in the project joined by the whole school.
	Accreditation			ASDAI	N Transition Challenge		
	Accreditation			ASDAN Persor	nal Development Programn	nes	
	Computing Digital Literacy: Students engage in activities associated with Keeping safe on the Internet. They will learn to not reveal private information and how and where to report concerns; dealing with cyberbullying; and as part of a healthy lifestyle, not spending too much time playing games or online. Students will also begin to compose simple emails, using a simple email framework available on elearning platforms such as Purple mash.		photographs and take themselves; all about apps students learn to and record their vo	gy: udents learn to take short videos introducing me. Using appropriate take photographs, draw vice to create animated ate short messages. App:	or using Seesaw to complete homework. Students will create different documents that provide information for example a leaflet and posters. Students will use presentation software, such as microsoft Powerpoint to		
	Accreditation						
_ u	Home management	 Following kitcher Kitchen hygie protective equipment Follow step by make hot & cold Use of kitchen ag 	edures in a kitchen. n rules. ne routines and		: hing into lights and darks. g machine with clothes, ic conditioner. hing machine. lothes.	 Cleaning: Students will learn: To identify when an area requires cleaning. What cleaning products are used for different areas and purposes. To use cleaning equipment safely. 	will sell the items needed.

			 About hazard when cleaning and using cleaning products. Where to store cleaning products. How to clean different surfaces. 	shop. Identify who to ask for help in the shop.				
Accreditation	NOCN Everyday food and drink E1 L/600/6204 E2 & E3	NOCN Looking after your clothes E1 R/600/6270 E2 & E3	NOCN Household Cleaning E1 K/600/6212 E2 & E3	NOCN Household shopping E1 L/600/6218 E2 & E3				
Come dine with	Each session will cover health and safety in the workplace, PPE, knife skills and food hygiene and using different equipment for cooking and preparation of food. Choosing recipes, creating shopping lists and actual shopping will be included where possible.							
	Autumn inspired meals and snacks Working with the Horticulture department to ensure they are planning to grow ingredients for the year. Using ingredients from the school garden E.g. chutneys and jam for The Well. Festive food / winter warmers / introduction to spices. Enrichment - visit to catering facility Christmas Fayre preparation	Spring inspired meals and snacks Learning about food miles and what fruits and vegetables are in season and when . Healthy eating and portion sizes and where to store food that is purchased. Introduction to baking (bread and enriched doughs) Enrichment - visit to a bakery Mothers Day / Easter preparation	Summer inspired meals and snacks Learning to cook for a social occasion and for sale. How to set a table for a dinner party. Looking at picnic and barbeque foods how to prepare them and store them safely for a trip Working with horticulture to prepare for next season and the foods we would like grown. Learning about food wastage and how we can work with horticulture and their composting project. Enrichment - visit to pick our own fruit/farm shop Summer fayre preparation					
Accreditation	NOCN Use Employment skills Making a product E3 A/504/1651	NOCN Use Employment skills Use kitchen equipment E3 L/505/0595	NOCN Use Employment skills E Y/502/4808	Basic cooking E3				
Community skills	Getting to Know our Community	Health and safety signs in the community:	Leisure in the community					

	the areas we can access. Practising using money and communication methods		Investigate, understand the meaning of signs that keeps us safe in the community: through different medium including internet research, art activities and presentations to peers,		Researching different leisure activities within our community eg cinema, gym, swimming, eating out etc and how you would travel to, book, communicate and use money in these facilities.	
Accreditation						
Team Enterprise	Review health and safety classroom rules, and health safety rules when using equipment. To look at various scenery and choose two designs to paint onto calico fabric. Using free hand drawing or carbon paper to copy the design.	Theme of calendar:different emotions for each month in connection with experiences of Covid.Students chose particular designs and chose colour ways for the designs. Used a variety of media to suit designs.Students produced designs and evaluated their work.	Students will prepare Christmas projects. They will research various types of decorations. They will experience working with different textured fabrics. They will make wreaths, stockings, buntings and gift boxes and bags. Students will discuss what went well and what they would do differently.	Students will work on items for Mother's Day. Students will make cards, gift boxes, gift bags and fabric tote bags. to sell at school for Mother's Day. Students will use the die cutting machine to cut out appropriate designs for cards, gift bags and gift boxes. Students will learn to use the die cutting machine, hot glue gun and scissors safely and correctly.	Students will work on making shopping bags. They will work on hand sewing skills, and the use of the sewing machine. Be able to name at least five parts of a sewing machine. To treat equipment with respect. To clean all equipment used, put equipment away in the correct boxes, to tidy and wipe down the work area. To help and respect their peers.	Students will have produced at least two hand painted designs to use on pre bought hessian shopping bags. They will also produce a design using recycled fabric. The bags will be offered for sale at the Christmas fayre.
Accreditation	Accreditation			NOCN Use employability skills Making a product. Entry level 1 K/504/1239		
Construction	Construction Wooden Mini-projects Photo frame using a half lap joint and Santa claus slay using slot together joint.		Wooden Projects Wooden box using finger joints Wooden tea light holder Work from simple plans. Demonstrate using a tenon and coping saw safely.		Final project wooden project Wooden Bird Box Research for a project. Drawing own plans for a project. Demonstrating refinement when using tools. Demonstrating working safely in a workshop.	

	Introduction to Health and safety in the workshop, understanding what PPE is and its purpose. Understanding the risks and hazards within a workshop environment. Understanding the different types of equipment used in construction. Understanding how to handle tools safely. Basic cutting skills Basic measuring skills, using CM and MM. Basic finishing skills Work as part of a team.	Apply cutting and measuring skills learnt. Using finishing techniques, sanding by hand Name all tools in construction. Demonstrate keeping the workplace clean and tidy. Select and use tools independently.	Demonstrate using water based paints and varnish. Test and evaluate their final product. Assess their work against a success criteria. Complete a self evaluation.
Horticulture	End of year harvest Harvest and use the last of the fruits and veggies. Compost all of last year's plants and tidy the garden ready for the Winter. Autumn propagation Christmas Fayre preparation Enrichment - visit to a community garden Employability focused - How instructions are given. Following instructions in the workplace. Evaluation of own performance at work.	Start of the year and planting. Turn and feed the beds ready for planting. Working with cookery and The Well staff to organise a planting plan. Planting seeds inside and later in the term, in the polytunnel. Spring propagation. Mothers Day / Easter preparation Enrichment - visit to a working nursery Employability focused - Personal presentation and hygiene in the workplace. Suitable language and behavior. H&S signs and accidents in the workplace. How to keep safe when at work and who to ask for when you need support.	Summer maintenance and harvest Maintaining growing conditions and ensuring feeding and watering of plants. Growth from seedling to plants to fruit. Working with cookery and The Well to provide ingredients for lessons. Summer fayre preparation Enrichment - visit to pick our own fruit Vocationally focused - H&S procedures when working in Horticulture. Safe use and storage of equipment. PPE. Plant identification and horticultural practises.
Accreditation	Follow instructions in the Workplace J/504/1409 (E1) M/504/1470 (E2) J/504/1684 (E3)	Looking and Acting the Part in the WorkPlace F/504/1280 (E1) H/504/1482 (E3) Health and Safety procedures in the workplace A/504/1410 (E1) T/504/1471 (E2)	Gardening for pleasure - T/600/6441 (E1) Working in Horticulture - T/504/1261 (E1) L/504/1461 (E2) K/504/1659 (E3)

۳ a	PSHE/C	Planning for my future Compile an action plan for the future understanding my likes/dislikes and how to reach my goals through training or education recognising achievements so far Building self esteem Using own skills and strengths plan activities for a small group to engage with to enhance skills and self confidence	Ideal job Research ideal jobs, what are the requirements for the job and how would they be achieved? Look at the training needed and devise a plan to get you there,	Work Skills Researching jobs within my own field of interest including the entry requirements, different pathways open to me and interview techniques. How to write a CV, which highlights your own strengths and abilities.	Rights and responsibilities - Explore our rights and responsibilities in different settings as we move from teenagers to adults - do the rules change? Do the consequences change?	Becoming confident Reviewing positive and negative relationships and how to respond confidently to them and in other situations eg interviews/ group leader
	Thrive	In Thrive sessions, the Lead Thrive Practitic development and regulation. The Thrive a support their student's emotional develope activities are focused, and dependent on, t artistic and sensory mediums, such as sand activities.	oproach allows class tear ment and regulation. The ne emotional need or int	ns to assess their student greerecommended activities a terruptions within the asses	roups on the essential strategies re targeted to support emotional sed student group. Activities inclu	that are needed to development. All ude the use of many
a P	Art and design (Art exam group)	Introduction to the course an experimental phase Students will be introduced to the course specification and assessment objectives. The students will have the opportunity to develop knowledge, skills, understanding, creativity and imagination through the medium of an craft and design. Students will be encouraged to explore processes, materia and techniques that are appropriate to the chosen areas of study, in a range of practical ways. They will be introduced to a range of artists, learning about the artist's life an works. They will replicate and work in the style of selected artists.	chosen brief The students will predeveloped from perstarting points/ brief The students will: Record observations Research ideas; Use suitable materia Show connections been of other artists, desirelevant sources; Explore materials, predevent modes of the content of the cont	ls; etween their work and that esigners, craftspeople or cocesses and techniques; ion; rk of artists, designers,	Complete external task and poor the students will choose from themes for the final term: Flames, transformation, dancin figure, shapes, coast, caged, notity. The students will develop idea using a medium of their choice, to select an appropriate art and will demonstrate their ability personal final outcome(s). The students will provide evide initial ideas to their own final personal final p	g, time, space, rainbows, nechanisms, nature and as through investigation. They will be encouraged design technique which of to realise their own ence of progression from personal outcome.
		The students will work from the chose theme:	craftspeople, or relevant Evaluate the work of Annotate work.		The students will demonstrate and refine	their ability to discover

		explore the following, , Photography, Mixed- ing and Sculpture.	The students will be introduced to external themes ready for the following term.		source material through research skills. This information must demonstrate a clear influence from their initial design ideas to their final outcome. The students will complete by compiling all work and present using a portfolio, ready for submission.	
Accreditation				try Level Certificate & Design R310		
Dance	How can we move? Students introduced to movement cards' to aid movement choices.	Action and stillness: Recognising symbols for movement and how to create with them.	Choreography: Making movement and music choices. in response to a stimulus.	Dynamics: How can we move our bodies through space? Adding texture to movement.	Performance skills: What makes a good audience? What makes a good performer? Looking at roles within a performance project.	Group work: Learning to communicate and share ideas. Creating Dance as a team.
Music (Music and Drama Stage Production Group-Options) Skills developed: Instrumental, performance, rehearsal vocal, composing, performing, appraising	Instruments of the Orchestra Origins of Western Classical Music-BBC Ten Pieces Students become familiar with some of the well known classical pieces and develop critical thinking and feedback skills. Students engage in listening appreciation and recompose their own classical piece using classroom instruments in the style of their preferred composers. They	Christmas Sounds and Music Structure in Music In this unit students participate in preparation for festivities and school Christmas production by learning seasonal songs, vocally and instrumentally. They form a small ensemble for performance, allocating a specific role, e.g. a lead singer. Students participate in rehearsals using a "call and response" technique - "I say you say" and	South American Music Latin music and the Music of Andres Students learn about music and dances from Latin (South) America. Students explore Samba music and the band - Bateria and engage in the parade using polyrhythmic patterns, ostinato - repetition, and syncopation while using their voices, bodies and instruments. Students listen to specific instruments,	Songs from Musicals and Movies Students explore the pieces from the world of musical theatre and blockbusters and understand the conventions of genre of musical theatre and film music. They study the songs from "The Greatest Showman", "Billy Elliot", "Trolls", "We will Rock you" "High School Musical", "Grease" and many more and choose a piece towards their final performance. Students learn parts of the melodies using	Students explore and experience origins of Jazz and Blues music through watching short clips and choose which artist is their favourite. They will listen to various lead jazz and blues artists, like Nina Simone, Louis Amstrong, Ella Fitzerald and contemporary ones like Michael Bubble. They learn the sequence of 12 bar blues using graphic score and baseline notes. Students suggest their favourite music and understand that Jazz and Blues can be used as a tool for relaxation.	Music for Summer Concert Song for Transition Prom Style Performance Music This unit teaches students about the importance of moving on through musical pieces. Students study motivational songs and celebrate their achievements through music sessions as they consolidate all the year's music learning and knowledge. Students learn songs about their future, e.g "What will I be", "Reach for the stars" "Leavers song"using voices and accompanying pieces by percussion and movement.

	discover various classical forms, e.g. opera, symphony, and a piano concert. Throughout the pieces students consolidate their prior knowledge about the orchestra instruments from previous key stages.	understand what ostinato is. They explore specific instruments, which can create Christmas sounds and understand that any bells and brass instruments like trombone represent Christmas.	e.g. panpipes and steel pans.	a piano keyboard and a graphic score and start using the chords to accompany pieces.		There will be a performance, and rehearsal elements in the sessions.
Accreditation	Arts Award Trinity College Discover Part A - Discover - Discover the Art around you	Arts Award Trinity College Discover Part A - Take part in arts activities Part B - Find out - Find out about the artist	NOCN unit Independent Living: Leisure Activities Exploring music Exploring Music - R/600/6432 – E1	NOCN unit Independent Living: Leisure Activities Exploring music Exploring Music - R/600/6432 – E1	NOCN unit Independent Living: Leisure Activities Exploring music Exploring Music - R/600/6432 – E1	Arts Award Trinity College Discover Part C - Share
Drama	The School trip Brief: Built around a teacher led scenario about a calamity-filled school excursion	Brief: Preparation for each class production to be performed as part of the Christmas performance.	Making A Scene: Grease Brief: Looking at a selection of specific skills and techniques	Theatre In Education (TIE)Presentation: Keeping Safe Brief: Students will create/be directed to perform an	Making a performance Brief: This Module is intended to prepare students for a talent/variety show to be performed before half-	Advanced Puppetry Brief: students will create and perform puppet sketches that may also include live actors too (e.g. The Muppets).

	Introduce/reintrod uce students to	Individual class topics to be chosen based	that will help performers to create	educational theatre piece to a lower	term. Students can work in pairs, small groups or	Skills Operating a marionette
	expectations and	on the annual theme.	a narrative and to	school audience.	as a class to produce a	Voicing a marionette
	some basic	Skills	allow it to flow.	Themes could include:	short piece of work to	Using a range of tools and
	techniques. These	Following direction	Skills	Crossing the road,	highlight the particular	templates to construct a
	can be explored	Suggesting ideas	Tableau-	Stranger Danger,	talents of each	puppet (glove, finger etc).
	through game play	Working together	Start a rehearsal from	School trip safety,	performer.	Investigating ways to show
	and performance.	Changing voice,	a still image and	Water safety. A	Skills	how a puppet can convey
	Skills	words and	gradually bring this to	biblical story with	Choosing and learning a	emotion and engage in
	Choosing rules	movement to	life	highlighted moral	script or song	actions.
	Creating a	become a character.	Blocking and		Choosing a style of	View a range of puppets or
	character-	Performing for a live	Accepting-	Skills	performance	video: (e.g.
	Changing voice-	audience	"Going" with what the	Following direction	Following direction	Thunderbirds , Muppets,
	gesture-words to	Entering and leaving	other character	Creating ideas	Suggesting ideas	Sooty and Sweep, Punch
	show how a	the stage	creates	Suggesting ideas	Working together	and Judy) and identify
	character may be	Showing feelings	Objectives- give a	Working together	Changing voice, words	movements to emulate in
	feeling.	Performing action	performer a task to	Using Forum Theatre	and movement to	their own work.
	Using improvisation	Leading others	achieve within a	Changing voice, words	become a character.	Mix live actors with puppets
	Offering and	_	scene e.g refuse to	and movement to	Singing	to comic effect
	responding to		leave a room	become a character.	Performing for a live	Use voice to tell a story
	feedback.		Improvisation	Reading from a script	audience	Adapt voice to create a
	Moving and		Communicating with	Performing for a live	Entering and leaving the	character
	stopping on request		others	audience	stage	Create a scenario to
	Using voice or		Following instructions	Following a cue to	Showing feelings	perform
	gesture to indicate		Making choices on	perform	Performing actions	Follow a scenario to
	a request		props and costume	Moving and		perform
	Watch the work of			stopping on request		Control puppet to indicate
	others with interest					yes and no
						Engage in the performance
						of others
						Make choices wher
						constructing and dressing
						the puppet.
Textiles	Introduction to	Students will use	•	•	Students will reconfigure	Students will reconfigure
	basic equipment	calico, cotton and felt	discarded items by	fabric and materials	and recycle old curtains	and recycle old curtains
	and safety rules in	to create christmas	reconfiguring	to create a Tote Bag	and lining. Students will	Students will measure, cu
	textiles. Students	decorations, namely	products so they can	and a key ring.	use paper patterns to	and sew fabrics to make
	will engage in art &	a christmas stocking and christmas tree	be reused. Students	Students learn how to	cut fabrics to produce	tote shopping bags.
	design and sewing	from scrap fabric.	will reconfigure a bag	transfer designs using	aprons for the T.E.	
	activities to create a	Trom Scrap rabile.	by designing a	carbon paper and	lessons.	

Sports and	cover for a book by using recycled fabric. Football - Learning	Students will embellish the tree with buttons and ribbons. Badminton -	personal logo by drawing and then painting on fabric. This logo will then be sewn onto the bag using a sewing machine. Coordination,	using a paper pattern to cut fabric into specific shapes. Tennis - Students to	Boxing - Learning	Basketball - Students learn
leisure	different skills and techniques - dribbling, shooting, control and passing - Individual -	Students to work on form and technique - Serve shot, Service Shot and third shot Being able to work with different partners.	reactions and balance exercises - ladder, hurdles and balance boards - Students to work on fine motor skills in activities that will	learn different techniques when striking the ball - forehand groundstroke - backhand groundstroke	different technique and styles - Boxing bag - Not all students Cardio fitness activities - Relay games, sit ups and press ups	different techniques - dribbling, passing and shooting. Students to learn the rules of Basketball - point system, double dribble etc
	stretches - Hamstring, groin and calf muscles Coordination and reaction sessions as part of every warm up - ladders and hurdles -	Students to demonstrate stretches to peers - warm up - cool down Coordination and reaction sessions as part of every warm	help improve Coordination, reactions and balance Athletics - Students to learn the techniques when running - Arms and speed	Tennis games in pairs - Rallies Coordination and reaction sessions as part of every warm up - ladders and hurdles	Coordination and reaction sessions as part of every warm up - ladders and hurdles -	Coordination and reaction sessions as part of every warm up - ladders and hurdles -
		up - ladders and hurdles -	Students to learn how to change direction - involves foot coordination and reaction timing Group games - relays	Coordination and reaction sessions as part of every warm up - ladders and hurdles -		
			Coordination and reaction sessions as part of every warm up - ladders and hurdles -			
Accreditation			NOC	N - Y/ 600/ 6268		

	Entry 1- Health and Fitness					
Sports leadership	Team Sports/ Individual - NOCN criteria - Activity - Football - skills / techniques - Passing, Ball Control and shooting Students to gain confidence in leading sessions - students to plan their sessions week prior - Skills - Communication, leadership and confidence	Team / Individual Sports- NOCN criteria - Activity - Basketball - Skills and techniques - Throwing, Catching, Dribble and Shooting Students to gain confidence in leading sessions - students to plan their sessions week prior Skills - Communication, leadership and confidence	Team/ Individual Sports- NOCN criteria Activity- Tennis - Skills and techniques - Forehand, Backhand and Half volley Students to gain confidence in leading sessions - students to plan their sessions week prior Skills - Communication, leadership and confidence	Team Sports/ Individual - NOCN criteria - Theory - Seesaw activities - Students to engage in classroom activities - Sports - Health Activity -Badminton - skill and techniques - Serve shot, Service Shot and third shot, Students to gain confidence in leading sessions - students to plan their sessions week prior Skills - Communication, leadership and confidence	Team Sports/ Individual - NOCN criteria - Theory - Seesaw activities - Students to engage in classroom activities - Sports - Health Activity - Athletics - fine motor skills - coordination and balance - Reactions, footwork and change of direction Students to gain confidence in leading sessions - students to plan their sessions week prior Skills - Communication, leadership and confidence	Team Sports/ Individual - NOCN criteria - Theory - Seesaw activities - Students to engage in classroom activities - Sport - Health Activity - Boccia - Student to lead Boccia games - Students to gain confidence in leading sessions - students to plan their sessions week prior Skills - Communication, leadership and confidence
Accreditation			NOCN - Y/501/7244 Entry 3 - Taking part in Sport			
PE Exam group	Sports Topic – football. Offsite opportunities - tour of professional football ground WestHam/Chelsea/Wembley. Visit to professional football training grounds e.g. QPR. Middlesex FA MLD football league fixtures.		Sports Topic - boccia, badminton. Fitness/ Cardio Offsite opportunities - tour of Olympic Park, Outdoor Adventure Program. Theory topics - Fitness, warm ups, Principles of training and injuries, How the body works during exercise - physiology and anatomy.		Sports Topic - cricket, tennis. Off-site opportunities - tour of Lords Cricket Ground, Wimbledon Tennis Centre, Outdoor Adventure Activity Program. Theory Topics - Fitness and nutrition. Effects of exercise on the body.	

		Theory topics - Fitness and training methods. How the body works during exercise - physiology and anatomy.						
	Accreditation	OCR Entry Level PE						
	Swimming	Be able to take part in swimming lessons. Develop understanding for the need to warm-up. Develop movement around the pool improving confidence and position in the water. Develop a better position in the water through gliding activities. Show progression in the control and coordination of bodies in the water. Improve ability to link these movements and skills together improving technique. Watch others and show appreciation of their own and others' performance. Be able to describe how their bodies feel during exercise. Understand how swimming activities can be part of a healthy lifestyle.						
	Interventions							
F _	Using supportive strategies to enable students to manage change. This included using strategies that enable them to manage transitions physically, for example from one activity to another, move around in the classroom, move around the school environment (moving from place to place) in its entirety and beyond, for example new teachers, schools and colleges. Supportive strategies will also be used to support students to manage physiological change, such as puberty or long-term medical conditions throughout the year.							