

Dear Friends of Pield Heath,

Welcome to our first newsletter of the school year. It was lovely to meet the new students who have joined our community.

This half term we have had a wide variety of activities – some of the highlights included Macmillan Coffee Mornings, October Mass – Month of the Rosary and celebrating Black History Month. You can read more about these as well as other events in the newsletter.

In addition to our intake of students, we were also pleased to welcome new members of staff. Special thanks to all staff for their ongoing commitment and dedication.

This half term, we said farewell to Amber Mullally who joined us as an apprentice and worked as an SSA. We thank her for the care and kindness she showed to our students and we wish her well in her new job in recruitment.

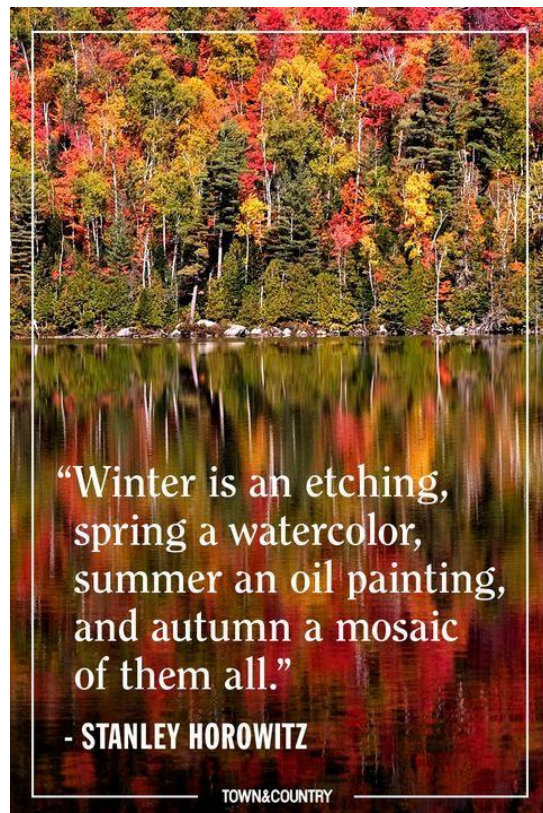
I don't know if you have a favourite season, but I think you will agree that the Autumn colours have a certain magic. Whatever you are doing, hope you have a relaxing and enjoyable half term.

We look forward to welcoming everyone back on Monday 30th October.

Thank you

Eryl D'Souza

Associate Principal
Community & External Partnerships



Tutor Group 3B

3B have settled back into school with enthusiasm. They have been working hard on their reading skills and are really enjoying learning about the local community along with learning to communicate in different ways. 3B have also been learning the basics of catch and pass in rugby.



Tutor Group 3C

3C have been hard at work learning through the lens of Black History Month.

They are pictured here playing a geography quiz that tested their knowledge of the African continent. They have also been whipping up an African culinary delight in the kitchen ready for our celebration day on the 19th October and we can't wait to try all the lovely food prepared!



Tutor Group 3L

3L enjoyed playing outside and using some of our tutor time to learn how to play together, build friendships with one another and share equipment. Our word of the term has been 'Kindness' and learning not only how to be kind to others, but also being kind to ourselves.



Tutor Group 3P

3P has settled well this half term and have started to make new friends.

They have enjoyed practical activities such as playing Snap as a class during playtime, PE lessons and taking part in their first class assembly.



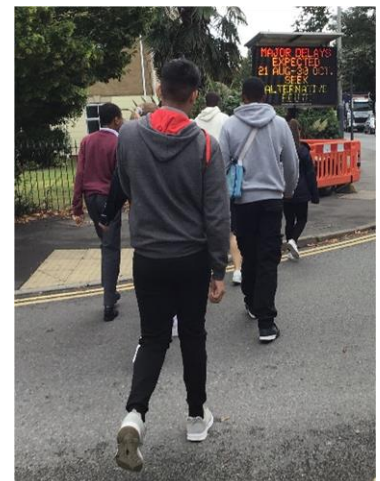
Tutor Group 4B

4B in Thrive did a lovely turn taking activity in pairs (Picture 1) In RE we were looking at what makes a good friend and what we look for (Picture 2) and we also took part in a sports event at Ruislip High where we came 3rd winning medals and representing the school at our very best (Picture 3).



Tutor Group 4H

The students in 4H have been enjoying spending their time as a tutor group visiting our local community. They have been taking weekly trips to the local Tesco supermarket to practice skills of independence. Some students have even been using the self-service tills! They have been visiting the local park, enjoying what this has to offer and demonstrating how to access these areas appropriately.



Tutor Group PH+A

The term commenced with the excitement of a new team and was all about making new friends. PH+A accepted all these exciting opportunities. Arsenii enjoyed his morning sessions at the ball pit. Ali A enjoyed using the sensory as well as the OT room. Sayana enjoyed her new class and the chance to make new friends. Kobi loves his room and his water play. Ali M has gone a step forward in terms of successfully solving more complex puzzles (250 pieces). Reshan has settled well too and loves both his indoor as well as outdoor activities. Together we all enjoy group tasks.



Tutor Group PH+B

During the RE lesson this term, the students learned about creation and how to reflect the love of God in all creation. They designed and made different landscapes, such as land, sea, and blue sky. In Home Management sessions, the students have also learned basic home management skills such as loading the dishwasher with plates. In literacy, the students have learned about phonics, letters, and sounds using different cause-and-effect activities.



Tutor Group PH+C

PH+C had a very busy half term. They enjoyed many art and craft activities during art and RE lessons.

They worked hard on the individual numeracy and literacy targets, they visited places around the school grounds including the tuck shop, outdoor gym and the cycle track.

They also looked at how to look after the school setting: washing dishes, wiping tables and cooking.



Tutor Group PH+D

Two additional students have joined the class and they have both settled very well. We have spent time learning each others' names, doing lots of work with money including playing money bingo and in RE we have been learning about Baptism.



Tutor Group VBC A

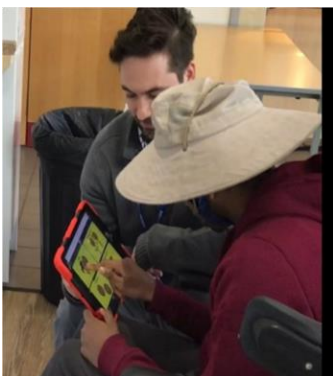
VBC A have been focusing on keeping the environment clean and tidy. Students have worked hard and engaged in all different life skills activities such as loading and unloading the dishwasher, washing up, sweeping up, and also hoovering.



Tutor Group VBC B

During their learning journey, the students are being taught how to use Augmentative and Alternative Communication (AAC) in conversational situations. As an example, the students can be seen engaging in a game of pop-up pirates, utilizing the AAC device to convey their desired actions during the game and building social connections with one another.

Our advanced students are currently learning to add and subtract using a number line. By observing their progress, it is evident that they possess a thorough understanding of the starting point on the number line, symbolic representation of more, and the correct direction of more. The students are learning how to use Augmentative and Alternative Communication (AAC) in conversational situations as part of their educational journey. One technique they are practicing is SMILE therapy, which involves using an AAC device in a simulated shopping environment to express their needs and make purchases.



Tutor Group VBC C

After a restful Summer holiday, everyone returned happy and with good memories. Autumn 1 Term came with lovely summery weather conditions, which involved outdoor lessons and physical activities. We learnt about ours and other people's cultures. We also shared our hobbies and interests. In maths, we have been learning about measurements we use in daily activities. Students also enjoyed lessons on Developing Independent Living Skills, with the theme - looking after your own home. We had many fun activities across the curriculum while preparing, decorating and celebrating Macmillan Days and October Black History Month.



Tutor Group VBC D

We have been taking part in a huge range of lessons and options. VBC D have been doing really well with their independence and being part of a group.

A few activities included cycling, swimming and yoga.



Tutor Group VBC E

VBC E have got off to a great start this Autumn.

There are now ten students in our class as we welcomed two new students this term, Jody and Farren.

Farren started in September. The VBC E students have made sure he has felt very welcome, making sure he was in the correct lessons and introducing him to “Uno Club” at breaktime.

Jody has moved up into the 6th form and again, the students of VBC E have welcomed him with open arms. We are very much looking forward to next term.



Horticulture

The Pield Heath Student Gardeners are very excited to have received their latest awards for their amazing work in the school garden.

This Autumn we were given 2 awards!

1st: [RHS School Gardening Award – Level 4](#)

2nd: [Woodland Trust, Green Tree School Award - GOLD](#)

Congratulations to all of our students who have worked so hard to achieve both of these awards. We are very proud of you all.



Sport

Decathlon Event

On 5th October 4B represented the school at a Decathlon Event. As well as learning lots of new skills they also had a lot of fun.



PE

Pathway 1 and 2 students have been learning rugby skills this term. This includes catching, throwing, running with the ball, how to score a try and different ways to kick a ball. Hopefully they have been inspired by the rugby world cup!



Pathway 1 students have been developing skills through sensory circuits.



Swimming

Students have been enjoying swimming this term. A lot of swimmers have made great progress with their backcrawl.



Signalong

Sing Sign and Story Times

Songs can be a great way to help communication. Which is why I use them for my Signalong lessons at school.

Music also has the ability to bring positive emotions and in turn can help create a comfortable environment for individuals to learn.

I try using songs with repetitive lyrics or upbeat catchy tunes to help to engage and become ready to learn before any of my activities I do with my students.

I have many more videos on my YouTube so why not subscribe and like to be notified of new uploads.

Juli Critchfield - Signalong Tutor



<https://www.youtube.com/@singsignandstorytimes>

Special Events

Masses

Season of Creation

In September we had our first Mass of the school year led by Agnes Komasiak.

The theme was to celebrate The Season of Creation which was from 1st September – 4th October (Feast of St Francis of Assisi).



Deanery Mass

The Annual Hillingdon Deanery Mass said by Fr Chris Newman cmf and Fr Nicholas Schofield took place in September. The Mass was hosted at The Immaculate Heart of Mary Parish.



Month of the Rosary

On 11th October we had a Mass to mark October as the Month of the Rosary. The Mass was celebrated by Fr Nicholas Schofield.



Catholic Social Teaching (CST)

Rooted in Love

A new project to support schools in their journey with Catholic Social Teaching

Half Term	CST Theme
Autumn A	Care of Creation
Autumn B	Preferential Option for the Poor
Spring A	Solidarity and Peace
Spring B	Community and Participation
Summer A	Dignity of Workers
Summer B	Human Dignity

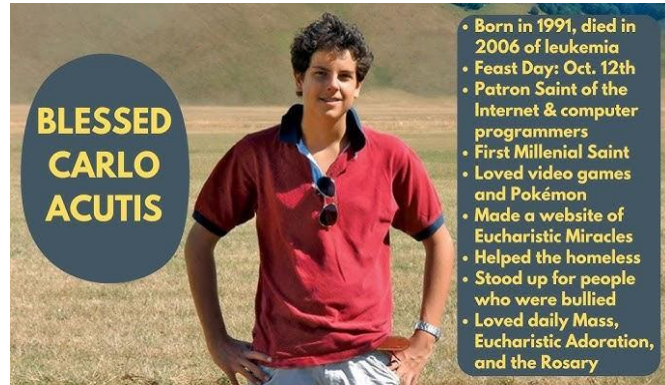


**Let Justice
and Peace Flow**
Season of Creation 2023

Special Feast Days

Saints of the Month

October – St Francis of Assisi. We had an assembly to mark the Feast of St Francis of Assisi on 4th October. The students in 3C did a short drama about how St Francis cared for creation.



We also marked the Feast of Blessed Carlo Acutis on 12th October. Blessed Carlos was one of The Patrons for World Youth Day.

Harvest Family Fast Day, Friday 6th October

For our Autumn Term charity we focus on helping the Catholic Agency for Overseas Development (CAFOD). Our RE Ambassadors have been leading this and are actively involved with both raising awareness and funds for the charity.

Black History Month

Students enjoyed taking part in a Drumming Workshop where they had the opportunity to listen to and play a variety of drums.



BHM Resources and Workshop

There are 3 parts that were shared (i) the origin of Black History Month; (ii) the contribution of Black soldiers to World Wars I & II; and (iii) the contributions of Black nurses to the NHS.

As part of our events to mark Black History Month where the theme for 2023 was 'Saluting our Sisters' we had various activities. This included an assembly, tasting a range of food and a party to celebrate African culture. Photos of this event will be added to a gallery on our website after half term.



Fundraising

Macmillan Cake sale 28th/29th September 2023

This year as a school we raised money for the Macmillan cancer support charity a little differently.

The students worked tirelessly in their cookery lessons making homemade biscuits and cakes for the end of week sale. The students measured and weighed and mixed and whipped up buttercream and baked cakes using fresh ingredients some of which were gathered from the fruit bushes we have here at Pield Heath House school.

As the Food Technology teacher, I can honestly say I am incredibly proud of all the students from the 6th formers to the plus classes and the key stage 3 and 4 students who put their all into making sure there was enough to sell but also decorating the cookery room and serving their friends and staff and collecting the donations. Their fantastic efforts raised £310 over an afternoon and morning for the charity.

A special thank you to Sarah Jane Bevis and to the wonderful student Team who baked and served a wide variety of homemade cakes and biscuits.



Community

With the warm sunshine in September, students took the opportunity to get out and about and access the local community. These have included trips to local parks, cafes as well as shopping trips to Uxbridge Town Centre.



Community Cycle Hub

On 13th October, we were delighted to host the official launch of the Accessible Cycle Hub. The Mayor of Hillingdon as well as other councillors from the Borough attended the occasion. The event was an ideal opportunity for them to meet the local residents who participate in the Dementia Club every Friday. After seeing them use the track and try out the various adapted cycles, The Mayor was invited to cut the cake which was enjoyed by the guests, residents and their families.



Eco Committee

The student members of the Pield Heath Eco Community have been really busy this term preparing to organise and open the “Bookworm Library”

The book categories are chosen and we have some fantastic ideas for decorating the space. We hope to open the library after the half term.



Wellbeing Goodie Bag Winner

The winner of the Wellbeing Goodie Bag this half term was Lisa Goreham:



The Winner of the Positive Behaviour Support (PBS) award was Julia Rolfe.



World Mental Health Day

Tuesday 10th October was Mental Health Day. The theme this year was:



Various resources were shared with staff to help support our mental health. Staff have enjoyed participating in various wellbeing clubs including – walking, yoga and badminton which have been offered by staff for their colleagues.

Parents and Carers

Parents Consultations

It was lovely to meet all our parents and especially those students and their families who have recently joined us.

Parents Forum

Our first Parents Forum for this year will take place from 10.30am – 12pm Wednesday 15th November. The topic will be Signalong and will be led by our Signalong Tutor Juli Critchfield. We look forward to welcoming you for this session.

Christmas Fayre

Christmas Fayre -This year's Christmas Fayre will take place on Tuesday 19th December from 11am - 3.00pm - please tell all your family and friends! There will be a Tombola, gift stalls, activities and a Grand Raffle. As always, we rely on your help to make this event a success. If you are able to help in any way please let us know. Raffle tickets will be available for sale after half term. Your support for this fundraising event would be really appreciated.



If you have any Good News that you are happy to share please let us know.



ParentPay

We operate a cashless system in school whereby all payments are made online using the ParentPay system. You should have a log on and password specifically for your child's account. If for any reason you have not got these details please contact the finance office who will be able to provide you with all the information.

Dates for Your Diary

Autumn Term 2023

Half Term – Monday 23rd October 2023 – Friday 27th October 2023*

School finishes at 2.30pm every Friday

Please click [here](#) for our full school calendar