

Dear Friends of Pield Heath

As we approach the end of the term we reflect on some highlights which enabled our students to participate in a wide range of educational, cultural and social activities. These included the First Holy Communion Mass, Our Family Fun Day, Sports Day and The Leavers Prom.

This term, we say farewell to Michael Vincent Assistant Head; Head of 6<sup>th</sup> Form, Beth Wright KS 3 Tutor/ Raising Standards in Numeracy, Petra Voniatis Music Coordinator, Joanna Wasilewska KS 4 Tutor/ RE Teacher and Shirley Sinckler, St. Joseph's care staff. We acknowledge the care and commitment they have shown in enabling our students to flourish. We thank them all for their valuable contribution and wish them well for the future. Thank you to all the staff for responding to the challenges of the year with creativity and resilience. I hope you can all take a moment to reflect on the achievements of this past year.

Finally, I am sure you would agree that our students are our best ambassadors. Good Luck to the Year 14 students who are leaving this summer. It is great to see all the areas in which they have excelled. We are very proud of all their achievements and we look forward to hearing about their continued success.

On behalf of everyone at Pield Heath, I would like to say a very sincere thank you to our Parents, Friends and Volunteers for all your support throughout the year. In addition to this newsletter, we have also produced a summary of some of the memorable highlights of the whole school year which you can see by clicking on the link in the accompanying email.

Wishing you all a lovely and much deserved summer holiday!

Eryl D'Souza

Associate Principal

Community & External Partnerships



## Tutor Group 2E

This half term, 2E have been on school outings as part of their Geography and Science lessons, where they have been exploring the differences between towns and the countryside and learning about animals and minibeasts. One of these trips was to London Zoo where we saw different animals from all over the world. 2E really loved the insect house where they saw lots of interesting minibeasts, fish and even some spiders! 2E also led an assembly about Autistic Pride Day on 18<sup>th</sup> June, where we celebrated our differences and told everyone in the school what we were proud and thankful. Students also created posters in a certain colour to celebrate their individuality and qualities they admired about themselves.



## Tutor Group 3D

3D has had a busy term. In RE, the class learnt to differentiate between God-made and man-made things; in Maths we have been developing our number skills, learning how to use money and ask for items at The Well café, and in cooking we have been developing our cutting skills.



### Tutor Group 3E

3E have looked at the topic of Bullying in PSHE lessons. The class showed a good understanding of what bullying means and were able to explain what to do if you do see someone being bullied. In P.E the class worked together in teams and enjoyed the warm up activity of short tennis.



### Tutor Group 3G

It was a very special Summer Term for our class because of Nicole's First Holy Communion. We celebrated and organised a party for her. Yasmin gave her flowers and a card from all of us.





### Tutor Group 3L

This term, as the weather has been so beautiful, 3L have taken lots of opportunities to go outside into the sunshine. We had fun in the paddling pool where everyone was able to cool off and enjoy themselves. Our topic on food continued this term and we have been out to do some gardening, planting and watering. We also had a fantastic Sports Day where parents joined in with the students.



### Tutor Group 3W

In RE the Students in 3W have been learning about The Bible. They made their own Bible with the story of Noah's Ark and Jesus calming the storm. The students created some beautiful art work in relation to these biblical stories.



## Tutor Group PH+A

In PH+A this term we have been really enjoying each other's company and building friendships and interacting with each other as well as making new friends. Food has been our topic this term which is something that we all enjoy. Working and playing together is an important part of our learning process so it has been lovely seeing the progress they all have made.



## Tutor Group PH+B

Students enjoyed taking part in a variety of activities this term. As part of developing healthy eating habits during the Knowledge of the World sessions, students were able to test different drinks. They have also participated in a pilgrimage journey where they stopped in the school Peace Garden to pray for Peace. The students also enjoyed dancing and listening to different songs, performed by visiting musicians as part of their music lessons.





### Tutor Group PH+C

This term PH+C have been learning how to make a bed during Home Management classes. All students engaged well and continue to develop their independent skills.



### Tutor Group 4C

It has been another fantastic half-term for the students in 4C. The students have been working hard on rehearsals for the sixth form leaving festival where they will be performing two songs which will be watched via zoom around the school. 4C have also been working on completing their ASDAN qualifications and in order to do this, they had to complete a range of assessed tasks that cover the whole curriculum.



### Tutor Group 4T

This term saw the students work very well together in lessons and have fun playing with one another during choosing time. In Horticulture we have made the most of the lovely weather by planting lots of different vegetables. We even had the chance to taste test some delicious cucumbers. As the weather warmed 4T took every opportunity to enjoy the sun outside at the bike track, outdoor gym or playing football together in the playground.



### Tutor Group 4W

In Maths, 4W has been learning about halving numbers and objects. In English, we have been learning about sequencing and describing processes, such as food production. We enjoyed the weekly Choir Practice in the Chapel and the Pilgrimage. As it was very hot this term, we spent lots of time outside the classroom. We had water play sessions and we went to the bike track during our breaks. We learned how to use sunscreen, and wore our hats and caps when in the sun. In RE we learned about the goodness of nature and the importance of taking care of our world.





## Tutor Group VBC A+

VBC a had a very busy summer term. We enjoyed the Music for Autism concert in the Chapel, and continued developing our independent living skills, practicing activities such as cooking, Hoovering, mopping or washing. The class has enjoyed reading "The Very Hungry Caterpillar" and built on this through looking at different foods and practicing identifying days of the week. As the weather was hot the class spent lots of time enjoying water play. We also said goodbye to Christie, Sophie, Yasmin and Andre who leave us this year - we will miss them dearly and we wish them good luck in their new settings.



## Tutor Group VBC B

This students of VBC B have continued to work on their independence skills when working in The Well and making breakfast. Students have also benefitted from therapeutic input. Sports Day was one of the highlights of this half term, and was thoroughly enjoyed by all. Ashley in particular enjoyed greeting the Mayor of Hillingdon. This year we're getting ready to say goodbye to our friends and leavers: Ashley, Alex and Logan. We wish them all the best and it's been such a privilege to work with such kind and lovely young men.

As a class team we look forward to spending the last few weeks celebrating each other and the friendships we have made over the years. From the staff in VBCB we would collectively like to thank the students for a great year of growth, understanding and learning to manage different challenges.





## Tutor Group VBC C

VBC C have 6 students leaving to go to college this term. Casey, Ethan, Hajira, Jason, Louie and Thomas.

We are very much enjoyed celebrating together at the Leavers Prom and the Leavers Summer Festival. We just want to take this opportunity to say “Good luck” to all of you – we are going to miss you but we know you are all going to be amazing!





## St Joseph's House

While at St. Joseph's House, students have been continuing to expand their independent living skills and have engaged in a number of arts and crafts over this last half term. Much like most of the school's cohort, the students have spent a lot of time outdoors, enjoying the weather and caring for the trees and plants around the school grounds.





## Music

This term, the Music Department has been busy, welcoming several visitors who enriched their music experience. Music for Autism joined us for a workshop which added a buzz to our choir practices and on the first Monday after half term, the students enjoyed the fabulous piano skills from Autistic Savant Derek Paravicini. Derek's musical abilities were wonderful to behold and he very kindly played lots of songs on request. John Lubbock and professor Adam Ockleford joined Derek for a day in our chapel giving mini concerts and engaged with the audience. Everyone had a great time and we are looking forward to seeing Derek in the near future.



## Sport

Ellie attended this event hosted by the Mayor of Hillingdon for students who represented Hillingdon. Ellie took part in the boccia tournament in February.



## Horticulture

The Pield Heath Student Gardeners have had an amazing Summer term. The weather has been fantastic and we have enjoyed being outside every single day.

In June, we achieved SILVER in the Woodland trust green school awards. To achieve this, we had to show evidence of group recycling projects and looking after our environment by planting new trees in the school grounds.

In July, we went on to achieve Level 3 in the RHS Campaign for school gardening, receiving a £50 National Garden Gift voucher. To accomplish this, we had to grow a range of fruits, vegetables and flowers and look after our school wildlife.





## Therapies

During the Spring and Summer Terms, Class 4W accessed joint Occupational Therapy and Speech and Language Therapy group sessions based on the '*Zones of Regulation, A Curriculum Designed to Foster Self-Regulation and Emotional Control*'.

The aim was to support students with recognising their emotions and the emotions of others, and to practise useful self-regulation tools, to enhance their emotional regulation and social participation skills.



David role played a 'focused' looking face and body. Well done David!



Andrew role played an 'excited' looking face and body. Well done Andrew!



Shamil role played a 'frustrated' looking face and body



Gad role played a 'worried' looking face and body



Gad also role played an 'angry' looking face and body



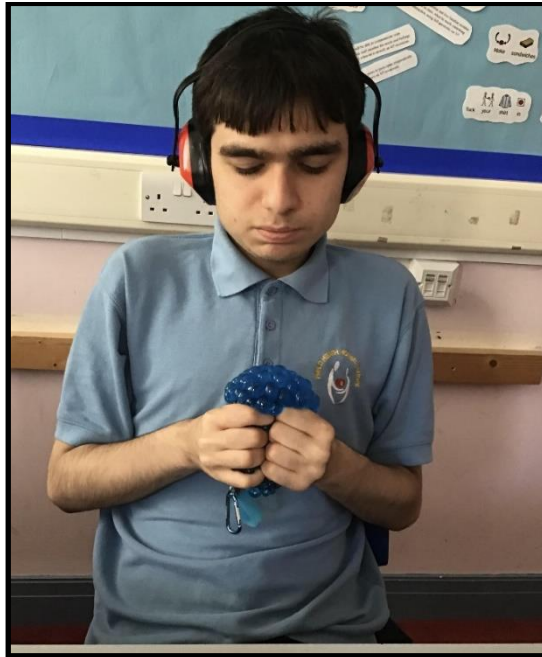
David, Svetlana and Gad role played 'terrified' looking faces and bodies after seeing a video clip from Jurassic Park.



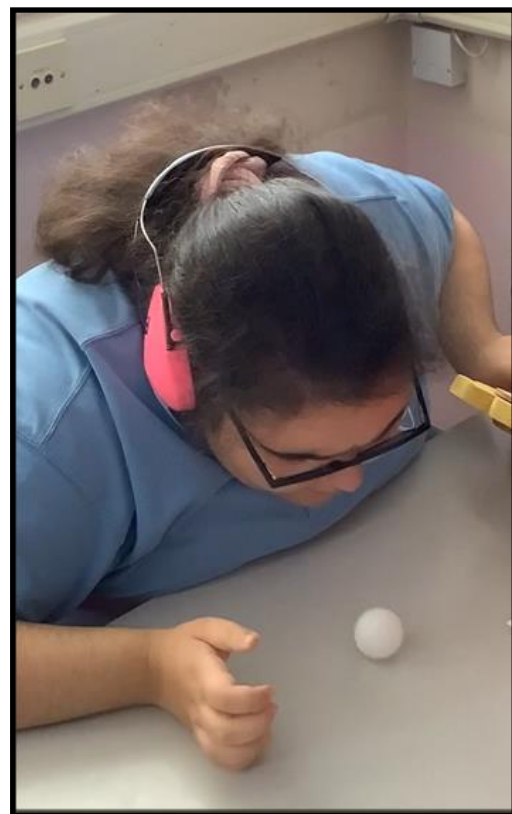
Harry, Andrew and Gad practised regulating their emotions by 'taking a break' and having fun playing football.







David practised regulating his emotions by *'squeezing'* a gooey mesh ball.



Jeyran practised regulating her emotions by *'breathing in a flower'* and *'blowing'* a ping pong ball forwards. This is *'deep breathing technique'*.



Shayon and Shamil practised regulating their emotions by doing '*Tense-Stretch-Relax Exercises*' to a video on the screen.

Well Done to class 4W for working so hard and making such fantastic progress.

**Written by:**



**Bhindu Odedra**  
**School Occupational Therapist**



**Rachel Siew**  
**Speech and Language Therapist**

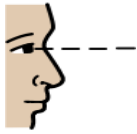




# Strategies to support communication at home

Signalong is part of our daily practice in School. Juli our Signalong Tutor delivers a 'Sign of The Week'.

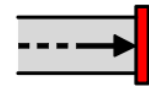
Below are just some of the signs we use on a daily basis and for you to use at home.



Look



School



finished



Working index (palm in, pointing up) moves from side of eye towards object.

Directional sign.



Working flat hand (palm back, pointing up) makes vertical inward circle in front of chin.  
Do not conceal mouth



Open hands (palms in, pointing up) fingers move sharply down on to thumbs.



## Special Events

### **Sacramental Preparation**

Following the Mass in April where David received the Sacrament of Baptism, we then continued with Reconciliation in April. Under the supervision of Agnes Komasiak our RE Coordinator and with the support of staff, students were then guided through the next stage of the Sacramental Preparation Programme. The First Holy Communion Mass was celebrated on 22<sup>nd</sup> June by Fr Nicholas. With the support of Petra Voniatis, the choir led the singing and the signing was modelled by Juli Critchfied, the Singalong Tutor. We also included a Liturgical Dance that was performed by 3 students called Bread of Life. After the Mass families and guests were invited to a buffet lunch to mark this special occasion. More photographs can be seen in the Gallery Section of the Website.



### Year of Pilgrimage

This year we have been following the Ten Ten Year of Pilgrimage. Every class was given a Pilgrimage Map. The first stop on the journey during Lent was our Pilgrimage to the Cross. Crosses were placed in different parts of the school. Students were encouraged to find these, say a prayer and also send any related art / craft activities to add to the large display in the chapel. The 2nd Stop was to find the shell of St James of Compostella. Groups were given a pack of materials to explain more about The Camino and why it has become so famous as a pilgrimage. We will be continuing this next year and will add the materials onto the ongoing display in the chapel.












## Fruits of the Holy Spirit Programme

The gift we are focused on for this half term was Generosity. Maria Dabrowska / VBC A Team led a lovely service to highlight this gift. Over the year everyone has responded well and there have been some lovely examples of how they have shared these gifts.

During  Summer  term, the  Fruit  of  Holy Spirit  we  focusing on  is Generosity.

Generosity  means  Giving  of oneself  in  a willing  and  cheerful

 manner  for the  good  of  others.



### Special Feast Days

We had a special Service to mark the Feast of 2 Great Pillars of the Church – St Peter and St Paul on 29<sup>th</sup> June.



On 24<sup>th</sup> and 25<sup>th</sup> June we marked the Congregations Feast Day as we wished The Community of The Sisters of the Sacred Hearts of Jesus and the Immaculate Heart of Mary.

### World Day of Grandparents

As you may be aware in March 2021 Pope Francis declared A Year of the Family, five years after he wrote Amoris Laetitia which is about the beauty and joy of love in the family. As it is the Feast Day of Jesus' Grandparents (Anne and Joachim) in July, Pope Francis is dedicating the 2022 World Day for Grandparents and the Elderly to the importance of inviting older people to contribute to building a better world. The Pope has chosen "They shall bear fruit even in old age" from the Book of Psalms (92:15) as the theme for the second world day, being celebrated on 24<sup>th</sup> July. The theme intends to emphasize how grandparents and the elderly are a value and a gift both for society and for church communities Wishing all our Grandparents a lovely day.



**'In old age they will still  
bear fruit'** Psalms 92:15

Theme for the World Day for Grandparents and the Elderly  
Sunday 24 July 2022



## Leavers Prom 2022

The theme that was chosen for the Leavers Prom this year was 007. Everyone had a wonderful evening celebrating the successes of all our leavers. We look forward to hearing about their continued success and wish them all the best for the future.



### **Leavers Retreat & Summer Festival**

The theme of the Retreat was Thanksgiving. It was a time to thank the Leavers for all they have shared with us during their years at Pield Heath and an opportunity to wish them well as they start a new chapter in their life. Students also enjoyed the End of Year Festival which included a BBQ lunch, live music performed by the students for their colleagues and other entertainment.



### **Award Winners - Summer Term 2022**

Congratulations to students for winning the following awards:

The Bernie Walsh Service Award – Thomas Hibbs



The Morag Anderson Award, Student of the Year 2022 – Jason Westfallen





Further congratulations to Thomas and Jason on the completion of their memory bench, which will act as their lasting legacy! The students wanted to design and make this bench in their construction classes for all to enjoy and reflect on past memories.



## Community

### Morgan Sindall Construction

We were really pleased to have been able to engage Morgan Sindall to use their Community Budget this year to support our school. The project involved painting and decorating our Chapel. We are extremely grateful to them for offering to do this specialized work as it really enhanced and restored the chapel to its full beauty.





## Family Fun Day

After the previous 2 years of restriction due to the COVID Pandemic, we were delighted this year to host our Family Fun Day on 30th June. The Event was opened by The Mayor of Hillingdon Cllr Becky Haggar. Catriona Orriss and her son James welcomed the official party by playing a fanfare on the bugle.



The event started with Sports Day followed by the Fayre. We had 4 Met Community Police Officers as well as a large Team of Brunel Volunteers who supported on the day. Special thanks to John & Ann Cook and to Sandra Parsons for all their hard work before, during and after the Fayre.

We are grateful to the following companies who kindly donated the prizes – Well Done to the lucky winners!

Xerox                                      1<sup>st</sup> Prize – HP Laptop - George Stonell  
Coopers Estate Agents              2<sup>nd</sup> Prize – £100 M&S Voucher - Miguel Angel  
Everything for Schools                3<sup>rd</sup> Prize – Huawei GT2 Smart Watch - Farah White  
Thanks to your kind generosity the total raised on the day was **£1392.40**. Well done everyone!





## Wellbeing

As we have been blessed with such lovely weather this half term, our students have taken the opportunity to have some fun in sun!



## Staff Wellbeing Winner

Congratulations to this term's winner, Sarah Merchant, from St. Josephs House.



### Good News

Congratulations to Jason for having been successful in his interview and having been offered a job at Odds Farm. Jason has spent time volunteering here and has now secured paid employment for 2 days a week.



Congratulations are also in order for staff members Sarah- Jane B and Rebecca E who passed their Diploma in Education! We look forward to the next steps on your journey to becoming qualified teachers. Well done! We are all proud of you.





## Parents and Carers

### ParentPay

We operate a cashless system in school whereby all payments are made online using the ParentPay system. You should have a log on and password specifically for your child's account. If for any reason you have not got these details please contact the finance office who will be able to provide you with all the information.



### Dates for Your Diary

#### Summer Term 2022

Summer 2 – Tuesday 7th June 2022 – Friday 22nd July 2022\*

*\* School finishes at 2.30pm*

#### Autumn Term 2022

Autumn 1 – Monday 5th September 2022 – Friday 21st October 2022\*

Half Term – Monday 24th October 2022 – Friday 28th October 2022

Autumn 2 – Monday 31st October 2022 – Wednesday 21st December 2022\*

*\* School finishes at 2.30pm*

Please click [here](#) for the remaining academic year dates for 2022 - 23

#### Staff Training Days

1st September 2022

2nd September 2022



