

Dear Friends of Pield Heath,

As we come to the end of the Spring Term, you can see that we have had an eventful term. Students have had the opportunity to participate in a wide range of learning activities both on and off site. Some of the highlights included a trip to the Natural History Museum, a Pield Heath has Got Talent Competition and participating in various Fundraising events.

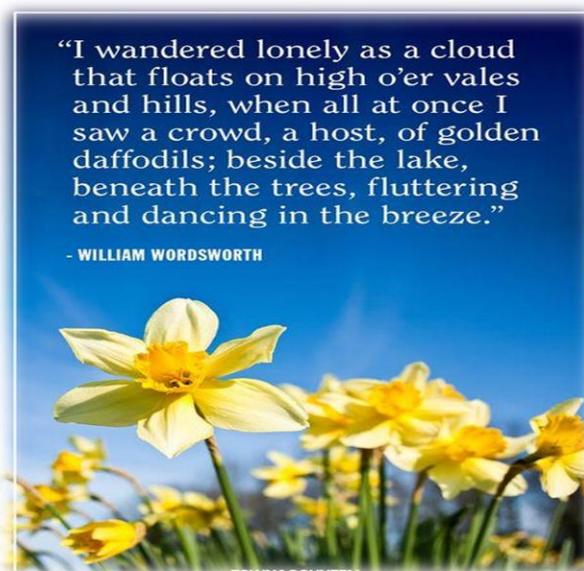
This term we say farewell to Claudette De Aguiar, Associate Principal for Teaching and Learning. Claudette worked at Pield Heath for 20 years and is now returning to Portugal. She was passionate about encouraging every student to reach their full potential. She acted as a mentor for staff and worked hard to support the school through numerous inspections. We thank Claudette for her commitment and dedication and we wish her every blessing for the future. As we continue our journey in the Season of Lent and prepare to mark the very special days of Holy Week, we are reminded that Easter is a time of hope, as we look towards the future.

Thank you for your support throughout the term.

Wishing you all a Happy and Holy Easter.

*Eryl D'Souza*

Associate Principal Community & External Partnerships



### Tutor Group 3G

This term 3G have had so much fun reading and doing work on the book the Gruffalo. We have come together as a class to make masks, role play and make Gruffalo themed arts and crafts. We also had a lot of fun dressing up for World Book Day!



### Tutor Group 3N

3N have started doing horticulture for the first time this term and they have embraced it with enthusiasm. The class have enjoyed being outdoors in the fresh air, preparing the beds and turning the soil for planting and moving logs for a new woodland garden. 3N also took part in their first assembly this term; they led the prayers and the songs and helped all the students learn about good healthy options for breakfasts to celebrate National Breakfast Week.



### Tutor Group 3P

On 28th March, 3P enjoyed a trip to the Natural History Museum in South Kensington. Students explored the sections relating to our current topic of animals, plants and insects. They investigated creepy crawlies, birds, mammals but unfortunately ran out of time before they could get to the plants. Students enjoyed their lunch and finally chose something they wanted from the shop and practised their money skills when making their purchases. Christina loved her animal torch that she bought, Mathew loved the dinosaurs, John loved the animals, Max enjoyed the insects and finally Hussain enjoyed travelling on the buses and trains.



### Tutor Group 3W

This half term 3W have focused on the theme of Children's Mental Health. During cooking classes, we have decorated created and decorated petals for our edible flowers using dry coloured pasta. For World Book Day we all dressed up as our favourite characters and had fun discussing this with our classmates. In our P.E sessions, we have really enjoyed doing Yoga.



### Tutor Group 3C

3C have been working hard this term across all subjects this half-term. The class was invited to participate in Junior Citizens Day at Brunel University where they were able to join the Police, Firefighters and other community workers in order to explore good citizenship practice. They are pictured working on road safety which was led by a Police Community Support Officer. The morning was both informative and fun and all the class enjoyed the excursion.



### Tutor Group PH+A

PH+A have had a term full of firsts; Kobi made his First Holy Communion which was fantastic especially as his family were able to attend. We also have a new student, Arsenii who is doing very well adjusting to school life. Another first for some of our students is that they have now started to join in with group games in the playground.



### Tutor Group PH+B

This term, the PH+B students celebrated World Book Day by dressing up as characters from the books that they enjoy reading the most. Examples of the costumes that the class wore this year are The Cat in the Hat, fairy-tale Prince and Princesses and Cinderella. PH+B is currently working on different matching and pairing activities in preparation for Number Day.



### Tutor Group PH+C

PH+C have had a fantastic term this term. We have been taking part in daily yoga sessions every morning. We have also been working on our socialising and been completing lots of group activities.



### Tutor Group PH+D

PH+D has had a very busy half term learning about animals' plants and insects. We have also been looking after live caterpillars in our class. We have also celebrated World book day and had a Maths day as well as Red nose day and two birthdays. The students have enjoyed themselves very much.



### Tutor Group 4H

As part of their community skills lesson, the students of 4H have been practising their road safety skills and travel training. We managed to travel to and from Uxbridge on a public bus, all the students did very good listening and demonstrated how to behave well when out in the community. As part of their PSHE lesson, the students have been developing their computer skills, completing lots of work online and playing games which are relevant to the topic. They have also demonstrated good teamwork skills.



### Tutor Group 4N

4N have had an amazing half term. We've celebrated International Women's Day and we prepared, the LOOK assembly. This month we are also celebrated World Book Day with lots of activities related to reading, watching stories and preparing props from our favourite book " Clark the Shark". We've had great fun taking part in Number Day. We also enjoyed the Pield Heath's Got Talent show.



### Tutor Group VBC A+

The students in VBC A have enjoyed reading the story of 'The Very Hungry Caterpillar'. They have been working very hard during their numeracy sessions to identify big and small, identifying colours and also practising their counting. Some students even demonstrated the signs!



## Tutor Group VBC B

This term VBC B have been busy working hard when transitioning around the school independently. This included bringing in breakfast and preparing it with staff and collecting lunch. We have done lots of very good work and have also enjoyed developing friendships with our peers.



## Tutor Group VBC C

This term VBCC have enjoyed taking part in various fundraising events that have been happening at school. We really enjoyed our cookery classes, especially having the chance to develop our independence skills cooking a delicious meatball stew. We also had fun celebrating our classmate Ryan's 18<sup>th</sup> birthday.



## Tutor Group VBC D

This term VBC D have been busy working towards our Eco Committee. Each student decided on what project they would like to lead with class members electing to be responsible for areas of the project such as advertising, energy conservation, recycling and composting and deforestation. We then wrote and distributed letters, inviting students from other classes to join our committee.



## Horticulture

This term, the Field Heath Student Gardeners were preparing for Mother's Day. The gardeners worked really hard to wrap Daffodil plants, creating 100 individual gifts, one for every student to take home. They then personally delivered them to each classroom.





## Music

This half term we focussed on percussive instruments in film. Some classes were introduced to new percussive instruments whilst others looked at Peter and the Wolf for inspiration to create our own music to film. Elsewhere, some students have enjoyed playing instruments of their choice alongside pieces of music.



## Sport

This term some of our students had the opportunity to take part in a Pentathlon Tournament where they demonstrated real resilience and team spirit. These events are great opportunities for our students to meet other students and take part in off-site events to boost their skills and self-confidence.



## Occupational Therapy



Occupational Therapy



Bright



Ideas



to help



your



young person



to learn



how to



make



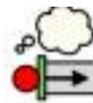
a sandwich



and



a drink.



Preparation

1.



Gather



a



plate,



a child



safety



knife,

2

two



slices of bread,



a



tub



of spreadable



butter,



a



cheese slice, a



bottle of juice



and



a cup

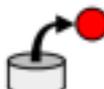
2.



Wash hands

    
Steps for making a sandwich

1.  **1**     
Put one slice of bread onto the plate

2.     
Remove the lid of the butter tub

3.    **1**  **+**   
Hold the knife in one hand and hold the

     
tub of butter with the other hand

4.        
Place knife into the butter, scooping the butter

      
out. Lift the knife out of the butter tub.

5.  Hold the knife with one  hand  and spread the

butter.  Place the thumb  and fingers  of the  other hand  on 

the  bottom  corner of the  bread when spreading the  butter. 

6.  Place the  cheese slice  onto the  bread

7.  Place the  second slice of bread  on top of the 

slide

*Written by Kelly Leung*

*Occupational Therapy Student*

## Special Events

### World Book Day



Students and staff enjoyed taking part in World Book Day on Thursday 2<sup>nd</sup> March. Everyone was encouraged to come dressed as a book character. The day started with an assembly, and there were many literary and craft activities planned throughout the day. Staff across the school enjoyed talking to students about the books that they enjoyed reading the most and students really enjoyed the opportunity to dress up and talk about their favourite books and stories.





### Red Nose Day

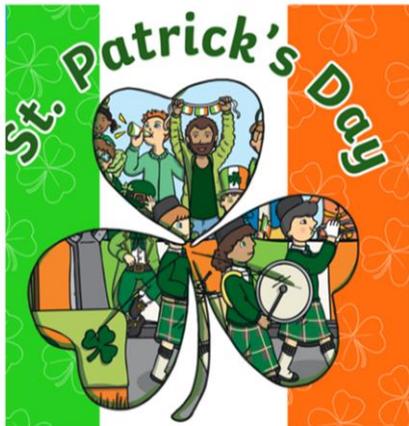
On Friday 17<sup>th</sup> March, we celebrated Red Nose Day. Students and staff were encouraged to wear red on the day, and class 3P led a wonderful assembly on the history and significance of the day, looking at all the money that has been raised in the fight to end child poverty.

### International Women's Day

Thanks to Artur Kuznicki / 4N Team who led an assembly to mark International Women's Day. The theme this year was Embrace Equity. They looked at the value and importance of the women in our school, the women in our homes and families who play a part in our daily lives and also looked at examples of famous women around the world



### St Patrick's Day



St Patrick's Day – Everyone was invited to wear something Green on the day. Monika Woloszyn / 3W led a special assembly to share information about St Patrick and all things associated with Ireland.

## St David's Day



We marked St David's Day, Patron Saint of Wales by having a special assembly led by Nicky Grieve / VBC D Group. We hope all the David's in our community enjoyed their special Feast Day.

## Mother's Day

Thanks to Nicola Grieve our Outdoor Learning Development Manager and the team of Field Heath Gardeners who worked so hard to make sure we were able to give all our Mums / Carers a bunch of daffodils on Mother's Day to say thank you for all they do throughout the year.



## World Down Syndrome Day

This year, World Down Syndrome Day was celebrated on Tuesday 21<sup>st</sup> March. We joined in the events to acknowledge the day and everyone was invited to wear odd socks to raise awareness. The theme of this year's World Down Syndrome Day was 'With us, not for us.'



### Autism Awareness Week

As always, we participated in various activities during this week which was from 27<sup>th</sup> March – 2<sup>nd</sup> April. The theme this year was ‘Colour.’ On March 31<sup>st</sup> we will be encouraging all students to wear something blue in acknowledgement of the “Light it UP Blue” campaign which is the theme of this year’s World Autism Awareness day on Sunday 2<sup>nd</sup> April.



### Number Day

This year we celebrated number day on the 23<sup>rd</sup> March. Students were encouraged to wear items of clothing with numbers on them, and took part in a various number themed activities, including baking delicious number cookies.



### Pield Heath Has Got Talent!



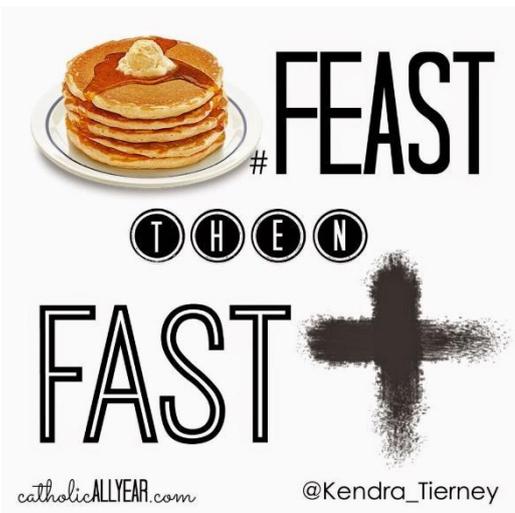
The term ended with a Pield Heath School's Got Talent Event. This was an amazing opportunity for the students to share their various skills. There was a great variety of acts including singing, dancing, storytelling and much more. What a lot of gifts we have as a community! Well done to all who participated, thanks for sharing your talents and giving everyone so much joy. Special thanks to Karolina Pelikan, Jessica Harvey and Pinks Lotay for organising this enjoyable event.

Images of this will be available on the school website at the start of next term.

### Community

#### Ash Wednesday

Having just marked Shrove Tuesday, we then had a lovely service which was led by Maria Dabrowska VBC/ A Class Team who explained the significance of Ash Wednesday. The class shared their ideas of what they were going to try and do during Lent.



#### CAFOD Family Fast Day

We marked CAFOD Family Fast Day on 3rd March. During Lent we did lots of related activities related to the season.





Thursday 23<sup>rd</sup> March 2023

3.45pm - 4.15pm Chapel

Theme: **Lent**

Led by: Sr Annet, Sr Mary & Liturgy Team

All Welcome!

### Lent Reflection

Special thanks to Sr Annet and Sr Mary Chanda & The Liturgy Team who prepared and led a Lent reflection for Staff which was well received



### Lenten Retreat

We hosted the Hillingdon Deanery Lenten Retreat led by Sr Gemma Simmonds. The theme of the day was Prayer. The day included Talks, Mass, Confession and Adoration.

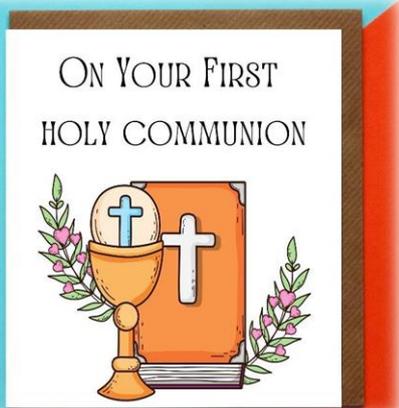
### End of term Mass

We had a Mass on 29<sup>th</sup> March to highlight the significance of the three days in holy week – Maundy Thursday, Good Friday and Easter Sunday. Thank you to Fr. Nicholas for celebrating this mass and helping us to prepare for the great feast of Easter. It was also good that some of our governors attended the Mass. Here is Mary O'Connor, the RE lead Governor, being shown by Maisie how she took part in the Stations of the Cross.



### Women's World Day of Prayer

Women's world day of prayer 2023 was held on 3<sup>rd</sup> March. This year's activities were prepared by the Christian women of Taiwan. The theme they chose was 'I have heard about your faith' based on a passage from the Book of Ephesians in the Bible.



### First Holy Communion

We were delighted to welcome Kobi's family on the occasion of him receiving the Sacrament of his first Holy Communion. Thank you to Fr. Joseph for celebrating this special mass for our school community. Special thanks to Agnes Komasiak, Sarah Ball and the PH+A class team for preparing Kobi for this occasion.

### Looking Towards Easter: A Time for New Life

Thank you to Clare Lucas for sharing caterpillar news with the school community. Students have been enthralled, watching these creatures change and evolve through their life cycles. At this time of year, as we look towards Easter, the caterpillars have served as a timely reminder of the wonder of new life. In this image, the caterpillars are at a critical stage, hardening into chrysalides, from which they emerge into a new stage in their lives.



*STAFF WELLBEING GROUP*



*Join Carol and  
challenge yourself to keep your  
mind and body  
energized and healthy.*

Day: Wednesdays & Fridays  
Time: 7.50am – 8.20am  
Place: Meet at The Cycle Track



Staff have enjoyed taking part in a variety of clubs this term which include the weekly walking, yoga and badminton club. Staff also enjoy the opportunity to relax with colleagues at the Tea at The Well.

**Wellbeing Goodie Bag Winner**

Congratulations to this term's winner Maria Dabrowska, VBCA+ tutor.



## Parents and Carers

### Family Fun Day & Grand Summer Draw



We look forward to welcoming you all to our annual Family Fun Day. All proceeds from the event will go towards supporting the needs of our students and school community. For now, please save the date **Thursday 29th June** and we will be sharing more information after Easter.

We will also be having a Summer Draw on the day. Raffle tickets will be available after Easter. Your support with helping to sell as many tickets as possible would be really appreciated.



### ParentPay

We operate a cashless system in school whereby all payments are made online using the ParentPay system. You should have a log on and password specifically for your child's account. If for any reason you have not got these details please contact the finance office who will be able to provide you with all the information.

### Dates for Your Diary

Spring Term 2 – Monday 20<sup>th</sup> Feb – Friday 31<sup>st</sup> March 2023

Easter Holidays – Monday 3<sup>rd</sup> April – Friday 14<sup>th</sup> April 2023

#### **Summer Term 1**

Staff Training Day – Monday 17<sup>th</sup> April 2023

Students return to School – Tuesday 18<sup>th</sup> April 2023

